



**WE'RE HERE TO HELP!**



## Contact Us

**University of  
Wisconsin-Extension**

### **Ashland County**

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Courthouse Room 107  
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### **Supporting Grandparent Relationships**

University of Wisconsin-Extension  
can connect you to:

- Online courses.
- Newsletters on valuable parenting, relationship and grand-parenting information (more info inside).
- In-person group classes on a variety of topics, made relevant to you!
- Access to University of Wisconsin research and resources.

### **Iron County**

300 Taconite Street, Suite 118  
Hurley, WI 54534  
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Fax: 715-561-2704  
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An AA/EEO employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements.

## **SUPPORTING GRANDPARENT RELATIONSHIPS**



## **There is *nothing* like being a grandparent**

University of Wisconsin-Extension can help you learn how to strengthen the relationships with both your grandchildren and your children.





## Education Opportunities

The University of Wisconsin-Extension's Family Living Educators can offer any of the classes below for groups of five or more. Call us today, if you would like to schedule a class.

### Grandparents As Co-Parents:

This workshop can help grandparents learn skills to help minimize conflict and improve communication as they co-parent their grandchildren.

### Building Strong Families:

This four-session class helps families to identify their strengths and improve their relationships.

### Using Technology to Support Families:

We are often made aware of the dangers of technology, but this workshop helps us identify ways we can use technology to stay connected and support our relationships.

### Parenting Refresher:

Learn skills to refresh your parenting skills and improve your parenting. Call and we can tailor a parenting class for your group.



## Grandparents Raising Grandchildren Newsletter Series:

University of Wisconsin-Extension offers a free newsletter series for grandparents raising grandchildren.

This 10-part series is tailored specifically for grandparents raising young children (birth to age 8). The focus is on family relationships and child development rather than legal or financial issues. Topics include: understanding children's behaviors, the importance of close relationships and open communication, and maintaining contact with parents.

**Contact your local Cooperative Extension office to sign up. The newsletter can be mailed or emailed to you. It can also be viewed online at:**

**<http://fyi.uwex.edu/grandparenting/through-the-eyes-of-a-child/fact-sheets/>**



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**Heidi Ungrodt and Kathy Beeksma** serve as Family Living Educators in Iron and Ashland Counties. They provide direct educational programs to families that help build skills in parenting, money management, co-parenting, and healthy relationships.

Additionally, they work to support other community organizations and schools in meeting the needs of the families they serve.

