



# DISPATCH



MAY 2017

Douglas County HCE Superior, WI

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### DISPATCH ARTICLES DUE DATE

Dispatch articles are **due the 15th** of the month. When emailing your articles, please send them as an attachment.

Please mail or email them to:  
Cheryl Shockley,  
UW-Extension Editor  
1313 Belknap St., Room 107  
Superior, WI 54880  
715-395-1363/1364 or  
cheryl.shockley@ces.uwex.edu

### *Mission Statement for Wisconsin Association for Home and Community Education HCE offers opportunities for:*

- *Learning in a social setting,*
- *Sharing what we learn, and*
- *Caring to make a difference in our homes, communities, and the world.*

### **DISPATCH ASSEMBLY**

Dispatch assembly for the June-August issue will be Town & Country. Contact the Extension Office at 715-395-1363 after May 25th to arrange the date and time for assembly.

Contact: Cheryl Shockley  
UW-Extension Office  
at 715-395-1364 or  
cheryl.shockley@ces.uwex.edu

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### Memo from the board~

Another Craft Day and Cultural Arts contest are behind us. Thanks to all the members who brought entries for the contest. We were down on entries this year-only 13 (34 last year). The judge gave 12 first place ribbons and one second place, and all first place winners will go to the State competition. She said they were all very good quality entries. Entrants were Judy Christenson, oil painting; Donna Tollefson, a photo and set of six cards; Marge Keho, an acrylic painting, wooden pen, stained glass hanging, a wall hanging and a table runner; Pat Wermter, queen size tied quilt; Marian Maki, china painted plaque; and Donna Bergsten, a painting on wood. Congratulations to all! Everyone enjoyed the crafts that were offered. Thanks to Donna Bergsten for all her work getting the crafters and taking all the registrations. Things got a little complicated because the Telegram printed last year's article instead of this year's one promoting the Craft Day. All in all things worked out and it was a great day. Thanks to the Hilltoppers for morning goodies, the Town and Country for the delicious salad bar lunch, and the Merry Mates for the wonderful cakes for dessert. Enjoy Spring if it ever comes.



Mary Ann Gronquist  
Cultural Arts  
Co-chair

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**HCE EXECUTIVE BOARD MEETING MINUTES****April 6, 2017 1:30 p.m. Superior Public Library**

Roll Call: Hilltoppers 2, Merry Mates 1, Town & Country 3, Advisor 0

The meeting was opened at 1:58 p.m. by President Cheryl McCuskey. The HCE Creed was read.

Secretary's Report: Linda Williams - The Secretary's Report was approved and placed on file.

Correspondence: none

Treasurer's Report: Marge Keho – Presented March '17 reports, placed on file for review. Suggestions for fund raising for HCE were taken into consideration to be discussed further.

Sunshine: Cheryl McCuskey –April 26<sup>th</sup> Administrative Assistant Day gift will be purchased and delivered.

Dispatch: Due April 15, 2017 for May issue. Mary Ann will write the Board memo. Merry Mates assemble.

**COMMITTEE REPORTS:**

VP Programming and Community Outreach: Jo Mersnick – Reviewed Program Planning 2018 results prior this meeting. Survey will be in May Dispatch. Tour to Duluth Rose Gardens with lunch TBA in June.

Cultural Arts: Mary Ann Gronquist—Cultural Arts set up by Mary Ann and Donna Tollefson April 22<sup>nd</sup>. Ribbons ordered and will be ready.

International: Christa Williams-Clements – continuing research for articles on Iceland.

Scholarship: Linda Williams – no report

Membership/Marketing: Sue Hendrickson – no report

WI Bookworms: Sue H. – no report

Family Living Educator: Araceli Whitwam-Sell – Report in April Dispatch

**UNFINISHED BUSINESS:**

Quilt-a-thon: Hilltoppers – Completed 107 quilts at Quilt-a-thon in March with approximately 40 quilts being completed by members at home. Excellent PR from media. Low attendance.

Craft Sale Lunch: Town & Country – Reported decision to serve soup and rolls with beverage and bars. Members from each club to help serve and sell tickets. Rotation for lunch lists Merry Mates this year, however, due to some members unable to do prep and serving their members will assist in ticket sales, some kitchen help as they are able.

**NEW BUSINESS:**

Craft Day: April 22<sup>nd</sup>, Mission Covenant Church, Poplar. Cultural Arts Contest. Classes AM and PM. Registration deadline is April 12<sup>th</sup>. Salad Bar lunch by Town & Country. Morning coffee treats, Hilltoppers; lunch dessert, Merry Mates. Quilts available for tying. Quilt raffle drawing at noon. Building use fee has been resolved.

District Meeting: April 27<sup>th</sup>, Sawyer County at Stone Lake Lions Club, registration form in April Dispatch.

Meeting closed at with HCE prayer at 3:05 p.m.

Submitted for approval by  
Linda Williams, Secretary





# Mark Your Calendar

» UPCOMING EVENTS

Due to the difficulty of finding parking places at the courthouse and the road building obstructions on Belknap Ave., the Board has changed the location of the Sept., Oct., and Nov., Board meetings from the Conference Room at the courthouse to the Fuller's Restaurant Meeting Room in South Superior. The meeting room is available to us from 12:30 to 3:00 p.m. on these days. Please come and join us as we will be ordering lunch in addition to our meeting.

Submitted by, Jo Mersnick  
VP

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## Quiltathon Day Outcome

The count at the end of the day of the Quiltathon was 107 quilts completed. Several of us took quilts home to finish. We'll end up with around 130 - 140 for delivery. We haven't made delivery contacts yet for 2017, but in 2016 we delivered 142 quilts to several recipients including St. Luke's Emergency Room-Duluth, St. Mary's Neonatal Unit-Duluth, St. Mary's Emergency Room- Superior, Douglas County Health Dept., Harbor House - Superior, WIC- Superior, CASDA - Superior, Lake Superior Life Center, Douglas County Foster Parents - Lake Nebagamon.

Submitted by, Jo Mersnick

## On the Move and In the Groove

How are you doing with exercise and recording your points?

This year's challenge ends this month. Email or phone your total points to me prior by June 1<sup>st</sup> to be tabulated and forwarded to state.

Thanks, and keep on a groovin'!

Submitted by, Linda Williams



## HOMEMAKER STAMP

Ann Keim, UWEX-Family Living State Program Director, was looking thru some of her mother's old papers and found this U.S. Homemakers' 5 cent postage stamp. After researching the stamp, Ann wrote: U.S. #1253 honors the 50th anniversary of the passage of the Smith-Lever Act, which provided expert advice to women on better ways to feed and clothe their families. It was issued in collaboration with the annual meeting of the National Extension Homemakers Council. The Smith-Lever Act passed in 1914. The Smith-Lever Act is a federal law that created a system of services to educate Americans on current developments in agriculture, home economics, and other related areas. It was issued in 1963.

Submitted by, Sue Hendrickson



## FROM THE DESK OF SUE HENDRICKSON

### MEMBERSHIP

**PRESIDENTS:** Do you have a Membership packet in your possession for your next new member? If not, contact Sue (715-398-7213). **DID YOU EVER THINK** of giving a membership in HCE for a gift for a birthday, anniversary, Mother's Day, etc.? Gift certificates are available from the Treasurer.

### QUILTATHON WRAPUP

Finished quilts keep rolling in...and special thanks to Claudia Postl of Gordon for her donation of fabric from Kunert's Kreations in Gordon, and to Irma Martinez from the Jarvenpaa singers who saw our footage on TV and called to donate fabric! Hilltoppers will be bagging quilts for donation end of April. We'll have a final count in the next Dispatch!

The board agreed to donate a quilt to North Country Independent Living again for a fund-raiser for them. They have many support programs for the disabled in our community. Thank you, Executive Board...and Marge Keho who crafted quilt. Because of our donation, we will be able to sell tickets at their Expo on July at the Mall and give out our membership information.

### CELEBRATE LAKE SUPERIOR DAY JULY 17

Lake Superior Day is always the third Sunday in July; it was started in the early 1990s by a group of Thunder Bay residents who sought to celebrate the body of water that dominates and defines our region. Other organizations and communities followed with festivities of their own, some of which span the entire weekend, and created Lake Superior Day(s) – which might be appropriate for such a large Lake.

This year celebrate at Barker's Island Festival Park, 11 a.m. to 4 p.m., with live music, art and fun. Free activities include standup paddleboard demos, art exhibits and vendors, readings by local writers, photo booth, educational activities, arts and crafts, poetry readings, native plant sale, farmers' market, and performances from local musicians Charlie Parr and Abe Curran & the Blue Rooster.

What will you do for Lake Superior Day? Here's a list with some suggestions for what you or one of your groups might do to support and celebrate Lake Superior:

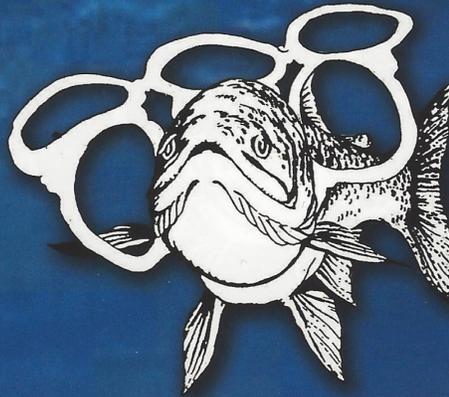
- **Clean a beach or shoreline**
- **Show a film**
- **Have families paint a Lake Superior mural**
- **Sponsor a Lake Superior photo or art show/contest**
- **Perform or organize a music concert for the Lake**
- **Arrange a film showing**
- **Invite an educational speaker to your group/church/school**
- **Clean up a boat landing**
- **Share information with your group on invasive species**
- **Sign up people as Lake Superior stewards**

- **Post a message on Facebook about the importance of protecting the lake**
- **Donate funds to a local organization like Water Legacy, SkyBlue Waters, etc.**
- **Pick up garbage along your street or road**
- **Clean a storm sewer**
- **Teach a small group about responsible boating**
- **Create a water garden**
- **Reduce your use of water**
- **Carry a metal water bottle**
- **Collect rain water and use in your garden**
- **Create a water proclamation for your community**
- **Participate or donate to a women's water walk**
- **Raise money and awareness for a fish restoration project, wild rice area**
- **Lead a guided hike along the lakeshore**
- **Attend or provide a kayak demos**
- **Arrange a charter fishing open house**
- **Have fun with a remote controlled boat races**
- **Bring materials for a rock painting for kids**
- **Lead an evening of water poetry**
- **Find a lighthouse open house**
- **Talk on climate change effects on Lake Superior**
- **Be part of a Lake Superior bike tour**
- **Share information on State/Provincial Parks to visit on a tour around the lake**
- **Catch a wastewater treatment plant tour**
- **See a paddleboard demo/lesson**
- **Find out when the next sailing regatta is**
- **Enlist a rowing club to do a demo**
- **Arrange or attend a blessing of the Lake**
- **Ask about a Coast Guard tour**
- **Share household hints on saving water**
- **Arrange or attend a community picnic on the beach**
- **Learn about shipwreck**

**DON'T LET TRASH GET INTO THE LAKE! (See poster on next page).**



# DON'T YOUR TO



# TEACH TRASH SWIM

## HOW LONG DOES TRASH LAST?



**PAPER BAG**  
ONE MONTH



**BALLOON**  
LATEX = 6 MONTHS  
MYLAR = FOREVER



**APPLE CORE**  
2 MONTHS



**LEATHER SANDAL**  
40-50 YEARS



**CIGARETTE BUTT**  
FOREVER



**STYROFOAM CUP**  
FOREVER



**PLASTIC BAG**  
FOREVER



**MONOFILAMENT LINE  
AND PLASTIC LURE**  
FOREVER



**ALUMINUM CAN**  
200-500 YEARS



**TIN CAN**  
80-100 YEARS



**PLASTIC HOLDER**  
FOREVER



**MYLAR CANDY WRAPPER**  
FOREVER



**PLASTIC JUG**  
FOREVER



**DISPOSABLE DIAPER**  
FOREVER



**GLASS BOTTLE**  
FOREVER

### ICELAND

At the end of March, 2017, Iceland became the first country to introduce legislation that will require employers to prove they are paying men and women equally. Iceland has had equal pay laws in place for half a century, however there is still an imbalance of pay between men and women, so the new legislation will allow the laws to be applied more forcefully to decrease the income gap. “Women make 14-20 percent less than men, according to the government.” (nytimes.com) The proposed legislation would use a pilot program where the government and companies work to identify “chronic hurdles that block women from higher paying jobs.” (nytimes.com) Women occupy different type of jobs than men and few women are in high-level positions that may contribute to lower pay. Some employers are working to hire more women for jobs that have traditionally been held by men, such as top level and intermediate managers. Icelandic women have been fighting for many years to obtain equality. In 1974, 90% of women walked off the job and out of their homes to show how life would be affected if they did not work. The “Women’s Day off”, as it was called, was organized by a radical women’s group called the Red Stocking. The Red Stocking movement worked to attack the traditional view of women, which was the perfect housewife and housemaker. That moment led to the world’s first democratically elected female president, Vigdis Finnbogadottir in 1980.

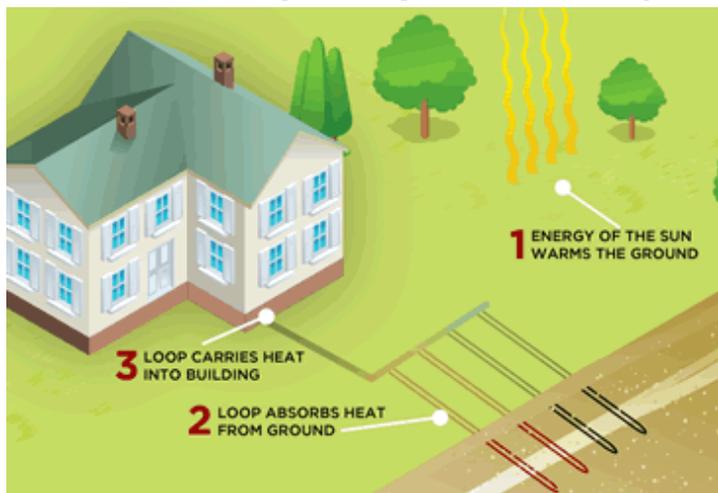
Vigdis Finnbogadottir was a divorced single mother of one daughter and the first single mother to be allowed to adopt a child in Iceland. She was a French teacher and Artistic Director with the Reykjavík Theatre Company. Vigdis narrowly won the election against three men. Vigdis held the seat for 16 years, four terms before stepping down in 1996. Vigdis helped Iceland be known at the “world’s most feminist country”. (bbc.org)



Coat of Arms for Vigdis Finnbogadottir

### Iceland

Iceland’s renewable energy industry provides about 85% of all the nation’s primary energy. 100% of Iceland’s electricity is generated from renewables, 75% from hydroelectric power plants and 25% from geothermal. The geothermal energy is used for electricity and heating. Instead of burning coal to create steam, Iceland uses the steam from the earth. Geothermal works because the ground beneath our feet is warmer than air in winter and cooler during the summer. Inserting pipes into the ground allows geothermal heat to be transferred to and from the geothermal plant, instead of burning fossil fuels to generate heat.



Submitted by: Christa Williams-Clements

### Women’s pay equality –

[https://www.nytimes.com/2017/03/28/business/economy/iceland-women-equal-pay.html?\\_r=0](https://www.nytimes.com/2017/03/28/business/economy/iceland-women-equal-pay.html?_r=0) <http://www.bbc.com/news/magazine-34602822>

<https://www.statice.is/publications/news-archive/wages-and-income/unadjusted-gpg-2015/>

[https://en.wikipedia.org/wiki/Vigd%C3%ADs\\_Finnbogad%C3%B3ttir](https://en.wikipedia.org/wiki/Vigd%C3%ADs_Finnbogad%C3%B3ttir)

### Industry:

<https://www.forbes.com/places/iceland/http://www.geothermalgenius.org/how-it-works/> <https://s-media-cache-a0.pinnimg.com/736x/f9/19/b2/f919b20568d86e18c1aee8aa603ff1cb.jpg>

## 2017-2018 WISCONSIN BOOKWORMS™ PROGRAM

I am delighted to share the books that will be featured in the 2017-2018 Wisconsin Bookworms™ program. In the coming year, young readers will be delighted by Eastern Painted Turtles, take a journey through all four seasons and learn to appreciate their uniqueness!

Here are the books selected!

### ***Turtle Splash! Countdown at the Pond* by Cathryn Falwell**

*Turtle Splash! Countdown at the Pond* is a counting book and nature tale that begins with "Ten timid turtles, lounging in a line." These Eastern Painted Turtles (identified at story's end), decrease in number with each turn of the page. Various creatures send them scuttling off their log for cover. Clues are tucked into the pages, identifying the next offender, encouraging young readers to make predictions. Collages of papers, birch bark and leaf prints make every spread come alive.

### ***What Will the Weather Be Like Today?* by Paul Rogers**

*What Will the Weather Be Like Today?* Begins and ends with a journey through all four seasons with particular attention to the climate and its different occurrences. Animals and humans discuss, in rhyming verse, the possibilities of the day's weather. This book focuses on a variety of different ecosystems, including deserts, forests, grasslands, wetlands, oceans, and arctic tundras and the weather that makes each system unique. The illustrations are done in a paper collage style.

### ***Bear and Duck* by Katy Hudson**

*Bear and Duck* is a story of friendship and acceptance, distinguished by humorous and affectionate illustrations. Bear longs to be a duck but discovers he's better at being a bear. Young readers will soon realize that the problem isn't that Bear is the wrong kind of animal—he just needs a friend. The watercolor and ink artwork and the narrative voice will engage young readers from the start.

### ***The Biggest Snowman Ever* by Steven Kroll**

Two little mice learn a big lesson about working together when they join forces to create *The Biggest Snowman Ever* in this wonderful winter story. This book centers around the idea of teamwork. It includes repetitive text and whimsical illustrations.

### ***Mi Gato, Mi Perro / My Cat, My Dog* by Katrina Streza**

A child compares pets in this silly look at cats and dogs. Simple sentences and whimsical illustrations are ideal for young readers. In this bilingual English-Spanish children's book, the English text is just below the Spanish for easy comprehension.

### ***Polar Bears* by Kate Riggs**

*Polar Bears* is an introduction to polar bears, covering their growth process, behaviors, their Arctic home, and defining features. It is filled with dynamic photographs and this book includes a glossary. As introduction to informational text, *Polar Bears* will plant the seeds of knowledge!

### ***The Shape of Things* by Dayle Ann Dodds**

*The Shape of Things* is an introduction to the concept that shapes make up the world around us. Simple rhymes and bold illustrations help young readers learn to see and, eventually, to draw the world around them. The circle on the text page becomes a Ferris wheel, two triangles a boat, a group of rectangles a train. The book ends with a wonderful double-page landscape full of surprises — and shapes — for children to find. Potato-cut prints of shapes add a childlike touch to the cut-paper collage illustrations. After reading this picture book, curious kids will begin to see shapes everywhere in the world around them.

### ***You Are Special, Daniel Tiger!* by Angela C. Santomero**

*You Are Special, Daniel Tiger!* Helps children appreciate their uniqueness— and the uniqueness of others. Daniel's school is putting on a show, and everyone is performing their special talents: Daniel sings, Katerina dances, Prince Wednesday does magic tricks, and Miss Elaina puts on a puppet show. But what makes O the Owl special? Daniel helps O realize that he is special in his own way. *You Are Special, Daniel Tiger!* is inspired by the classic series *Mister Rogers' Neighborhood*.

*Submitted by, Sue Hendrickson*

