**4-H Youth Development Team**

March 2017 Highlights

**UW-Extension/4-H Outreach:**

* **QPR Training with Ho-Chunk Youth Council** – Monica and I partnered with the Ho-Chunk Youth Council to provide *Question Persuade Refer* suicide intervention training to their community at the D1 Community building on March 29th. There was a very positive response to the event with 27 people attending. There is plans for possibly having another QPR training session in that community later this year.

**Volunteer Development**

* **Taking Care of You** – I gave an overview of the TCY training to seven childcare providers, March 4th, at the United Methodist Church. Taking Care of You is a mindfulness based program that promotes taking healthy mindful steps to stress reduction to improve quality of life.
* **Volunteer in Preparation Training** – Five individuals took the 4-H Volunteer in Preparation (VIP) training on the 14th. The VIP training, along with a mandatory reporter training and background check, is a part of 4-H volunteer training that talks about Extension, 4-H teaching model, and values to help prepare adult volunteers to lead youth.
* **Teens Against Bullying Others** – Eight Lincoln TABO members participated in all day training on March 8th they presented to the 7th grade on the 16th and to the 6th grade on the 23rd. They presented to 83 total youth.

**Personal Development** – I attended a 4-H Online training March 15th in La Crosse. 4-H Online is the program used by 4-H to register members and where they sign up for projects. The training was a good refresher for me because I haven’t had to use the program in a very long time; I also learned some new tools that I can use to help solve problems or gather information. The training was immediately useful as I find myself using 4-H Online almost daily in my new role as a Program Advisor. Tammy was also able to take the training with me.

**Key Meetings:**

03/06 Staff Meeting

03/14 EEC

03/15 4HOnline Training in La Crosse

03/16 HWPP Social Marketing Campaign

03/20 Staff Meeting

03/20 4-H Parents and Leaders

03/21 Summer of Science Meeting

03/28 HWPP Social Marketing Meeting

03/28 Meeting with Beekeeper 4-H project

03/30 Summer of Science Meeting

**Trainings/Workshops Facilitated/Led:**

03/01 BRF TABO Presentations

03/02 BRF TABO Presentations

03/04 Taking Care of You for Caregivers

03/08 Teens Against Bullying Others Training

03/29 QPR at Ho-Chunk Nation D1 Community Building