



HCE PARTYLINE

Oconto County Association for Home & Community Education

We're on the Web:
[http://oconto.uwex.edu/
family-living-program/home-
and-community-education/](http://oconto.uwex.edu/family-living-program/home-and-community-education/)

Summer 2015

Dear Oconto County HCE Member,

Where did the time go? It seems as if we just had our Banquet, now it's time to think of fall and our activities for the rest of 2015.

First of all, let's welcome Jill Cholewa as our new Family Living Agent.

There is a registration form in this newsletter for all the programs for the rest of the year. You may register for one or all at any time.

It's also time to think of programs for 2016. The committee will meet in early October to set dates and program ideas. Let Joann Swanson know if you have any ideas.

If anyone has some ideas for our County to increase membership, let's work on it.

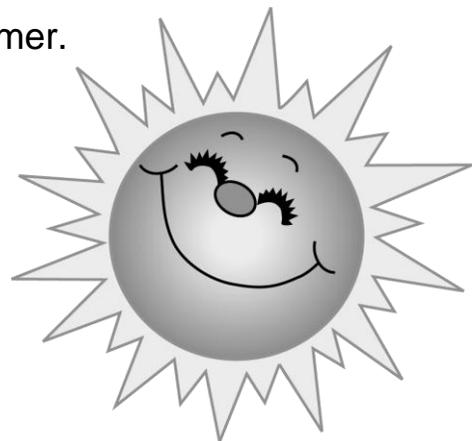
We have seven 55+ year members being honored at State Conference. We'll have the display to show after we come back from the State Conference.

Please BE thinking about the positions that are up for election this fall.

So until next time, enjoy the rest of the summer.

Sincerely,

Joy Campshure
HCE President



BUSTING OUT FOR OCONTO COUNTY HCE

At the Spring Banquet, the bra display was a fun attraction. Some members said we should display them somewhere. They will be on display at the Oconto County Fair on August 20th to 23rd, 2015

BOOKS R 4 U

On a warm sunny day, Mrs. Santa called two elves and said they needed to take a road trip. They said "What for?" Mrs. Santa said she heard there was a great deal of material for book bags in Wabeno.

Off to Wabeno Mrs. Santa and the elves went. Had to stop at Valley Inn for lunch. Then it was off to Wabeno for shopping. This elf can now tell you we have enough material for 2015-2016 and more.

So if anyone has extra time to sew the book bags, let us know. We never have enough time to get everything done on our sewing days.

Thanks, Joy

Community Change

Don't forget to collect your change for our Community Change fund. This money helps our county residents.

Books R 4 U

The time has come to start getting our book bag school supplies collected. This year we need wide-lined notebooks, 24 count crayons, glue sticks, rulers, pencils, and erasers. All school supplies are greatly needed. We also can use gently used books. Any items can be brought to any of our meetings.

UPCOMING DATES

August 11 **Executive Board Meeting** at 12:30 p.m. Wells Fargo Bank, Gillett. All club presidents (or appointed member) and any individual member encouraged to attend.

August 20-24 Oconto County Fair, fairgrounds in Gillett

September 14-16 State Conference, Stevens Point, WI

Identity Theft and Breast Cancer on September 22 at Wells Fargo Bank, Gillett. Fall Council meeting. Soup and sandwich potluck.

Name: _____ Phone No.: _____

Club Name: _____

Cost \$2.00. Registration by Sept 14th to Joann Swanson, 3807 Cty J, Abrams 54101

Brazeau Dive Team and Books R 4 U on October 20, at Brazeau Town Hall. Chili and more.

Name: _____ Phone No.: _____

Club Name: _____

Registration by Oct 13th to Joy Campshure, 5123 Glynn Rd, Oconto 54153

October 27 Fall Council Meeting hosted by Brown County

International and Craft Day Program on November 10, 10:00 am, Wells Fargo Bank, Gillett TIME for TEA Craft and cost TBA. Potluck.

Name: _____ Phone No.: _____

Club Name: _____

Cost \$2.00. Registration by Nov 3rd to Joann Swanson, 3807 Cty J, Abrams 54101

Spring Association Meeting

Meeting called to order on March 17, at 12:45 p.m. with the flag and homemakers pledges given with 21 members present.

Secretary's report given, and approved.

Treasurer's report given, following discussion, separate accounts, can be spent only when that account has the funds.

Old Business: Cultural Arts: A day at the New Zoo, in July, more info, on day and time, will be coming. Thank you note was received from the Oconto Electric Co-Op for the community change. Margaret Drewry made a motion, seconded by Carol Lubus to compile guidelines for our projects. Karen Prueter and Lynn Schmidt will draft up the guidelines, on Stitches of Love, motion carried. Motion made by Carol Lubus and seconded by Lynn Schmidt, for money raised from the spring and fall auction, this year to be put into the general fund, motion carried. After discussion, a motion was made by Judy Hill seconded by Lorry Runge, for this year, not to have ELL. motion carried. Motion made by Lynn Schmidt and seconded by Ruth Dehne, that for District Meetings, the county that is hosting the meeting, should have it, in their county, motion; carried. Discussion on how to increase membership, Lorry will continue to put in the newspaper and word of mouth..

Our new extension person is Jill Cholewa. She was raised in the UP and graduated from the University of Kentucky with degrees in human nutrition and nutritional science. Jill has experience working with people of all ages and backgrounds and has worked in a variety clinical and community settings, WELCOME JILL.

New Business: Spring Banquet; May 5 at Rommey's Holiday Inn \$15:00. Theme: Bustin Out for HCE. It will be balloons and decorated bra's. Bra's can be dcorated any way you wish. A bonus contest is called "Sonthing Sparkly" This will be just for fun, Rules" can be no larger than 10x10x10 creation of your choice, willbe judge at the county somehow and one wil go to state conference ,where it will be judge by vote slip, Stitches of Love March24 at the Pensaukee town hall in Brookside 9:30 \$2:00 to Joanne Swanson. District Meeting April29 at Seymour \$15:00 to Judy Hill by April 1, Tea-Cup gardening at JoyCampshure April 21 \$2:00 to Joy 5123 Glynn rd. Oconto 54153, brown bag lunch. Sept. state conference need a theme, Margaret Drewsry will donate a basket, will need items made in Wisconsin, for the basket,

We have 7 members, that have been in HCE for over 55 years, and 1 member that has been for 70 years.

Closed with the homemakers prayer at 2:30

Dear HCE,

Some of the grandchildren of Loretta Behrke were impressed by your numbers at the visitation and funeral. All of us took comfort in meeting you and learning that our mother's talents were used to make her community a better place. Thank you for the donation extending the provided service in her name.

May God bless your group with many years of continued service for the community.

Sending you many thanks for everything you do!

Oconto County Homemakers

You're so kind
and appreciated
for all you do...
And you're wished
all the wonderful things
you give to others
every day!

Thank You
For Your Kindness

Thanks for the warm robe, this is way overdue. Very thoughtful to think of me. Been very sick going to Mayo April 6th for surgery
Dennis McMahon

Sincerely,
Dyna Ritter
and the rest of
the Behrke family

Hello All,

Thank you for such a warm welcome and for spoiling Becky & I to such an outstanding picnic lunch on June 23rd – we had the best time visiting with everyone! We feel so privileged to work with such a great group of women and look forward to the coming Fall events. We hope to see you all at the Fair, please stop by the Extension Booth to check out our ‘cool’ displays. See you soon!

~ Jill & Becky

Announcing..... Tuesday Topics

Where: Lakewood Administrative Bldg.
(next to Lakewood Super Value Store)
When: 10:00 - 11:00 a.m.

- Dates to Remember -

- August 4th Hydration & Summer Food Safety
- Aug. 11th Sunscreen & Eye Protection
- Aug. 25th Sugar Substitutes & Food Labels
- Sept. 8th Identity Theft Prevention & Cleanup
- Sept. 15th Making a Care-Giving Plan

Refreshment provided
No cost to attend

Thought for
the day...

“Keep your
face to the
sunshine
and you
cannot see
the shadow.
It’s what
sunflowers
do!”

~ Helen
Keller



Washing Our 'Precious' Garden Produce

Homemade Vegetable & Fruit Wash and Preserver Soak

We all Love Gardening, right! And now that the Harvest is slowly beginning I wanted to share a couple of my favorite produce washes with all of you. Hope they are as helpful to you as they are to me.

SPRAY WASH

A few years ago I found a recipe for veggie spray wash. I have used this spray myself and it's amazing. My vegetables come out cleaner and fresher looking than just rinsing plus they last longer. The best part is it is natural so you will not be ingesting any chemicals.

Ingredients

- 1 tablespoon fresh lemon juice
- 1 tablespoon baking soda
- 1 cup water

Directions

1. Put ingredients into a spray bottle. You may want to do it over a sink because it will foam up a little.
2. Shake gently to mix.
3. Spray on veggies or fruit. Allow to sit for about 2-5 minutes.
4. Rinse under cold water.

Note: After making a batch I store the bottle in the fridge, usually lasts 3 months.



PRESERVER SOAK

This soak is my favorite. I'm so surprised how much dirt comes off vegetables that seem to be clean when I use this wash. It also helps produce to last longer and stay crisp and fresh. I use this for all of my fruits and veggies and *love it!* Great for greens, root veggies, broccoli, cabbage, etc.

Ingredients

- 1/4 cup vinegar
- 2 tablespoons salt

Directions

1. Fill a clean sink or a large bowl with cold water.
2. Add vinegar and salt, then swish around with hands
3. Place the fruit and/or veggies in and allow to sit for 25-30 minutes. This will not affect the flavor at all, the vinegar cleans and the salt draws out any little bugs, dirt and other unwanted things.
4. Rinse under cold water and dry. Using a strainer to hold your produce while you soak makes this task super easy.

*Submitted by: Jill Cholewa
Family Living Agent
UW-Extension, Oconto County*



**Oconto County Association for
Home & Community Education**
Joy Campshure, Newsletter Editor
5152 Glynn Rd
Oconto WI 54153

***Invite to Fall Learn-In Event:
Shawano County-HCE***

When: October 27th, 2015
Where: Main Event, Cecil, WI
Time: 9:00 am – 2:45 pm
Cost: \$15 per person

Fabulous Topics Include: Stockbridge Heritage : Language of Flowers :
Color & Personality and Service Dogs

For additional information,
contact the Shawano County UW-Extension office, 715-526-6136

Oconto County HCE Website: <http://oconto.uwex.edu/family-living-program/home-and-community-education/>



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