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# Bayfield County 4-H Member and Family handbook



## Bayfield County 4-H Family Handbook

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### Strengthening 4-H Club Resources

A series of lesson plans has been developed for youth and adult leaders to teach during a club meeting to strengthen the 4-H club experience for everyone. Call the 4-H office for copies.

- Effective Club Meeting Check List
- Welcoming New Members and Families
- Creating A Welcoming Environment
- Handling Club Money
- Fundraising for Your Club
- Making the Most of Your 4-H Projects
- Getting Ready for Speeches and Demonstrations
- Conducting Business
- Record Keeping is Fun
- Leading Club Recreation



Gitche Gumee 4-H Club

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### WHAT IS 4-H?

4-H is a community of young people across America learning citizenship, leadership, and life skills through experiential learning programs. 4-H's history and roots are in agriculture, but today's 4-H programs have a new focus on healthy living and science, engineering and technology programs.



### What Is a 4-H Club?

A 4-H club is a self-governing group of five or more young people led by parents and adults from the local community. Members elect officers to lead their club meetings and activities. The main purpose of the 4-H club is to develop life skills through enriching experiences at home and in the community.

### What is a 4-h member expected to do?

- When you join 4-H, you are expected to attend your club's meetings and enroll in at least one 4-H project.
- 4-H members are encouraged to share what they have learned in their projects by displaying their work at the Bayfield County Fair, the Cultural Arts Festival, or by giving a public demonstration. Each of these is an opportunity for 4-H members to achieve recognition and awards.
- Clubs also organize community service projects and host events and activities. Members are encouraged to participate in these community projects.
- 4-H members are encouraged to keep a record through pictures and story of their 4-H experiences through the year. These record books are turned in to club leaders in the fall and then returned to members for a lasting memory of their 4-H years.

### Critical Elements in a 4-H Experience - what makes it work

1. A positive relationship with a caring adult
2. A safe environment
3. An inclusive environment
4. Engagement in learning
5. Opportunity for Mastery
6. Opportunity to see oneself as an active participant in the future
7. Opportunity for self-determination
8. Opportunity to value and practice service for others

### 8 Elements Distilled to 4 Concepts

<p><b><u>Belonging</u></b></p> <p>Positive Relationship with a caring adult</p> <p>An inclusive environment</p> <p>A safe environment</p>	<p><b><u>Mastery</u></b></p> <p>Engagement in Learning</p> <p>Opportunity for Mastery</p>
<p><b><u>Independence</u></b></p> <p>Opportunity to see oneself as an active participant in the future</p> <p>Opportunity for self-determination</p>	<p><b><u>Generosity</u></b></p> <p>Opportunity to value and practice service for others</p>

**What Other 4-H Resources are Available?**

If you would like to have copies made of educational materials you find on the internet or would like to order something from the UW Extension media collection, please call the 4-H office. Not finding what you are looking for? Call us at the office and we will find it for you; 373-6104 ext 249.

**On-Line 4-H Program and Project Resources**

**Bayfield County 4-H Website**  
<http://bayfield.uwex.edu/4-h-youth-development/>

**State 4-H Website:**  
<http://4h.uwex.edu/>

**National 4-H Website**  
<http://www.4-h.org>

**The Learning Store—UWEX Publications**  
 Here you'll find many downloadable publications that you can view or print from your home computer. Topics range from horticulture to home improvement, farming to dog training and much more!  
<http://learningstore.uwex.edu/>

**Media Collection**

If you have never visited this site, take a moment to see what is available. Resources support all UW Extension program areas.

<http://www.uwex.edu/ces/media/>



**Who supports the 4-H Program?**

The 4-H Program is a partnership between the University of Wisconsin Extension, the United States Department of Agriculture, and Bayfield County. The role of UW Extension 4-H Youth Development Educators is to:

1. Provide educational support to 4-H volunteers (clubs, committees, boards, etc.) in the county. This involves training, counseling, and advising all 4-H clubs and leaders in Bayfield County on a continuing basis.
2. Teach educational programs which support the identified goals of the 4-H program and provide youth and adult leaders with University resources which can contribute to their understanding and successful participation in the 4-H program.
3. Provide oversight to maintain the integrity and quality of 4H programs in the county through the annual club chartering process.
4. Participate as a member of the UW-Extension faculty in district and statewide curriculum and program development efforts and in faculty and university affairs.
5. Respond to identified emerging needs related to positive youth development.



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**The 4-H Goal**

The 4-H Youth Development program will be youth centered, meeting the needs of the individual through an open, mentoring environment which recognizes youth as equal partners in decision making and leadership.



**4-H Symbols and Traditions**

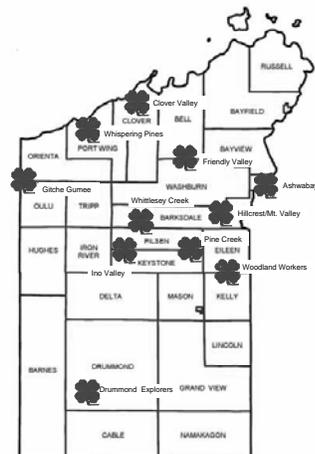
You will hear the basic purposes of 4-H stated in many different ways. The 4-H clover, pledge, motto, and other symbols and traditions have helped identify 4-H for many years.

**4-H Colors:**  
 Green and white are the 4-H colors. The white is found as the background on the flag with a green clover with an "H" on each leaf.

**4-H Motto:**  
 "To Make the Best Better" is the goal of each member. The motto gives a special motivation not to be content with the present, but always strive to make things better.

**4-H Slogan:**  
 The slogan, "To Learn by Doing" is the cornerstone of the 4-H Program. Kids learn best by being actively involved in their learning.

**BAYFIELD COUNTY 4-H CLUBS**



## Bayfield County 4-H Clubs

Club Name	Organizational Leaders
Ashwabay .....	Mary Motiff
Clover Valley .....	Roger Branham
Friendly Valley .....	Pat Shields
Gitche Gumees .....	Peggy Golly/Cindy Luzzatto
4-H CANSKI .....	
Drummond Explorers.....	Andy & Kelli Tuttle
Hillcrest-Mt. Valley.....	Candy Webb
Ino Valley .....	Glory Bizub/Angie Jarecki
Pine Creek.....	Amanda Tutor/Caloney Mesik
Whispering Pines.....	Susan Ostrenga
Whittlesey Creek .....	Sarah Pully/Sarah Kreinbring
Woodland Workers.....	Verne Gilles



## The 4-H Emblem

The emblem is a four-leaf clover with an "H" in each leaf. The letters in the emblem stand for **Head, Heart, Hands and Health**. Utilizing this model, the 4-H program helps youth develop their:

- Head** - learning to think, making decisions, understanding the "why's," and gaining new and valuable knowledge.
- Heart** - being concerned with the welfare of others, accepting the responsibilities of citizenship, determining values and attitudes by which to live, learning how to work with others, and making new friends.
- Hands** - learning new skills, perfecting skills already known, and developing pride in work and respect for it. Developing concern for others through community service projects.
- Health** - practicing healthful living, protecting the well-being of self and others, and making constructive use of leisure time.



## The 4-H Pledge

I Pledge:  
 My Head to clearer thinking,  
 My Heart to greater loyalty,  
 My Hands to larger service,  
 My Health to better living,  
 For my Club, my Community,  
 My Country and my World.

## 4-H Membership

1. Youth in kindergarten are eligible to enroll in 4-H. Kindergartners, first and second graders will participate as Cloverbuds. Regular membership begins in third grade.
2. Youth continue to be eligible for membership through the year following their graduation from high school.
3. Club members should attend at least 50% of the club meetings in order to remain a member. Parents should attend as many meetings as possible.
4. Membership is renewed in the fall of each year. The cost is \$3.

## What is a 4-h project?

A 4-H project is an area of interest that the 4-H member wants to learn more about during the year. This can be done individually or with others. Examples are *Photography, Archery, Rabbits, Foods*, etc.

Project meetings are organized and run by certified 4-H project leaders. It is important to realize that 4-H clubs do not have active leaders for every project. 4-H members who do not have an active project leader are encouraged to call the 4-H office to see if there is an available leader from a nearby club. Members may also work on projects independently using 4-H literature as a guide. Parents can serve as project helpers.

The 4-H office has curriculum to support both project leaders and members and can provide access to more extensive resources if asked.

*The most important role of adults in 4-H is to support their children in the commitments they make, help them think through decisions, and assist them in reaching their goals.*

*By making 4-H a family affair, parents and adults can assist the youth of today to become tomorrow's leaders.*



## Parents

The idea of getting kids and adults involved together is one of the basic tenets of 4-H. Parents have the opportunity to share their experiences and knowledge with 4-H members. A home can become a school, laboratory or meeting place in various ways.

For every successful 4-H'er, there is a caring and supportive adult available (in most cases this is a parent). In the same manner, for every strong 4-H club, there are parents who feel strongly about being a part of the club operation. Parents can participate in the following ways:

- Assisting members in selecting 4-H projects.
- Helping members with project activities.
- Attending club meetings.
- Having fun with 4-H'ers.
- Being supportive and showing interest in member and club activities.
- Providing assistance to the general and project Leaders.
- Serving on a club committee of your choice.
- Offering your skills and talents. Parents make great project leaders!
- Providing transportation.

The sky is the limit. Talk to your club's general leader about ways in which you can help.



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## THE 4-H ACHIEVEMENT PROGRAM

4H members in Bayfield County who are in the third grade and older have the opportunity to earn what we call "achievement points." These are earned by doing things like:

- working on projects
- attending club meetings
- doing community service
- going to 4-H camp
- giving a demonstration
- helping someone else out with a project
- entering something in the Cultural Arts Festival
- and yes, even going to the Fair!

To earn these points, the member records them on a form called "Bayfield County 4-H Member Permanent Record." Take a look at this form early in the year so you can begin recording points as you do things.

In an average year, a member may earn 20-50 points (the more you do, the more points you earn). When you reach 75 points, you earn your first Bronze Plaque that is presented to you at the Awards Dinner in the fall.

You can then go on to earn your Silver Plaque (150 points) and Gold Plaque (300 points), usually earned in high school.



Like being promoted from one grade to the next in school, marking your 4H achievement this way can give you a sense of accomplishment and pride as you grow and develop in your skills and as a person. If you keep a record book each year that includes this cumulative record plus a short story and/or project photos and pages, you will have a very nice record to look back on and enjoy in years to come. The record book can also give you a great start on your first real resume.

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## 4-H Resources

### 4-H Newsletter

In January, March, May, July, September and November, a newsletter is sent out to all families of 4-H members, leaders and supporters. This newsletter contains information on upcoming county events and reports on events already held by members and clubs. It is a handy reference and contains a monthly calendar and educational information. If you are not receiving this newsletter, please contact the Extension office. Contributions of news, information, original pieces are welcome by the 10<sup>th</sup> of the month preceding each newsletter. Available in hard copy, via e-mail, and on our website.

### 4-H Literature

The 4-H office has an extensive supply of free or low-cost project workbooks, videos, and other materials that can be borrowed or purchased. These materials support project and club work and are great activity and educational guides.

### 4-H Insurance Policies

All 4-H members are covered by a supplemental accident insurance policy through American Income Life. Certified 4-H leaders are also covered by the Bayfield County liability policy. Information on these insurance policies is available from the Extension office. If an injury during a scheduled 4-H event occurs, it should be reported to the 4-H office as soon as possible.

### Scholarships

Each year the Bayfield County 4-H Leaders Association awards scholarships to offset the cost of 4-H camp and older member award trips to Northern District Winter Camp, 4-H Youth Conference, and Citizenship Washington Focus. The two primary fund raisers to support these awards are the Dairy Breakfast and the 4-H food booth at the Bayfield County fair.

Two \$500 scholarships for future education are also awarded to qualified seniors who submit an application.

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## Adult Leadership

### 4-H Club Organizational Leaders

Organizational Leaders (General Leaders) provide overall 4-H club leadership. They are responsible for the organizational aspects of the club and serve as the liaison to the County 4-H Program/UW-Extension Office. They also advise youth in making decisions for the club. General leaders should attend county leaders meetings and are responsible for keeping club members informed.

### Project Leaders

These adults and older youth share their skills by offering to be project leaders. Being a project leader in 4-H means being willing to spend a minimum of six hours leading project meetings. The leader helps youth acquire skills and knowledge in their area of interest through hands-on experiences. Project leaders do not have to be an expert in the project. They need to be willing to share what they know and help club members find additional project resources. At the County Extension Office, a variety of leader guides are available to help leaders with project meetings. The cost of project work should be shared between project members and is not the responsibility of the 4-H project leader. Some clubs help defray costs. The 4-H Leaders Association can be asked to help support county-wide project workshops.

### Key/Resource Leaders

These adults and older youth serve as a resource county-wide to all 4-H youth in a specific 4-H project. The key/resource leader may offer workshops, answer questions in person, by phone or e-mail or serve as a Fair superintendent. A list of these leaders is printed in the January 4-H Family Newsletter.

### Activity Leaders

The older youth and adult leaders assist 4-H clubs as the local situation demands. This may include driving youth to 4-H events, helping with club committees, fundraisers or other aspects of the club.

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## Special Awards

### Wisconsin Key Award

The Bayfield County 4-H Leaders Association Executive Board selects the Key Award recipients annually by reviewing the 4-H members' record books from all previous years. This prestigious award recognizes consistent growth in the 4-H program and demonstrated leadership at a club, county and state level.

\*\*\*

### 4-H Scholarship

Two \$500 scholarships are awarded annually to deserving 4-H graduates to continue their education at a college, university, or technical school.

\*\*\*

### Legislative Citation

The "Older Member Award" process will identify qualified candidates to be honored by a State legislator based on their outstanding 4-H work and community service.



Kelsie Shields was awarded a Legislative Citation in 2016, shown here with her parents Emmer and Pat Shields and Senator Janet Bewley who presented the award

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## Annual Bayfield County 4-H Events



### National 4-H Week: The 1st Week of October

*National 4-H Week is celebrated during the first full week of October each year. This is a great opportunity to promote the benefits of the 4-H program in Bayfield County by displaying posters in schools and the community, radio announcements and through word of mouth to celebrate the success of the 4-H program and encouraging new membership. For more information and promotional packets contact the 4-H office.*

### Bayfield County Fair

The Bayfield County Fair is held in July or August each year. All 4-H members are expected to enter at least one exhibit in each project in which they are enrolled. Premium money is awarded for most entries. The County Fair is where it all comes together as youth and adults celebrate what has been learned and accomplished in the past year.

### Cultural Arts Festival

The County 4-H Cultural Arts Festival is held in early spring. Youth participate in group and solo music, novelty acts, drama, arts and crafts, and photography.

### Project Workshops

Local experts and 4-H key leaders in 4-H projects lead workshops for 4-H'ers, parents and leaders. Topics are chosen by 4-H leaders. The workshops take place throughout the year at various sites. Any 4-H leader can request the assistance of the 4-H office to help organize a county-wide project workshop. County-wide project workshops are commonly held for Aerospace, Beef, Horse, Photography, Horticulture, and Sewing.

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### Sewing Camp

Each winter a Sewing Camp (a half-day sewing work shop) is held in Iron River. Participants work with a sewing helper to complete a fun project in one day. Open to all members, all ages.

### Fun Nights

Special fun nights are held for middle and high school youth each year at Northland College.

### Livestock Workshops

The Bayfield County 4-H Market Animal Sale Committee sponsors workshops throughout the year in all aspects of livestock. These include Meat Animal Quality Assurance (MAQA) trainings for all interested members and leaders.

### Dairy Breakfast/Farm & Garden Show

This fun event takes place the last Saturday in March or the first Saturday in April at the Bay Area Civic Center in Ashland. 4-H volunteers from Bayfield and Ashland counties work together to make and serve a delicious breakfast centered on a giant omelet. Proceeds go to support the local 4H program.

### 4H CANSKI

This program is a partnership between Ashland and Bayfield County 4-H, local schools, BART, and the Ashwaab Outdoor Education Foundation which gives kids and their families an affordable and accessible way to learn and practice cross-country skiing.

### Clothing Revue and Foods Revue

Members in the Clothing (Sewing) and Foods and Nutrition projects can participate in these pre-fair face-to-face judging events, usually held in the summer. Two Clothing Revue participants, in the 9<sup>th</sup> grade or older, may be selected to attend the Wisconsin State Fair where they will participate in the State Fair Clothing Revue.

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## Travel Opportunities for Older Youth

### District 4-H Winter Camp

Members are chosen to attend this weekend event at Crosswoods in Delta which includes recreation and leadership activities.

### Bayfield County Adventure Trips

Teens work together to plan adventure experiences which may involve kayaking, canoeing, rock climbing, camping, ropes courses, or other adventures that fit the group. The Trips will take place during the spring and summer.

### Wisconsin 4-H and Youth Conference

Delegates are chosen to attend this four-day experience at UW-Madison in June. 4-H Conference includes seminars, tours and recreation.

### Citizenship Washington Focus

Up to three 4-H'ers from Bayfield County can attend this week-long program in Washington, D.C. each year. Visits to the House of Representatives, the Senate, national shrines, cultural events and more highlight the program. The youth learn to be active leaders in their communities, as well as meet other 4-H'ers from all over the United States.

### Fall Forum

The Forum provides youth and adult volunteers the opportunity to learn, teach, network, and discuss critical issues and initiatives with the 4-H Youth Development program area on policies and direction affecting Wisconsin 4-H. The Leaders Association provides financial support to youth and adults who attend this weekend event.

*Members in the 8th grade and older can participate in the Older Member Awards process where they practice job seeking skills by completing an application and participating in an interview with a panel of adult leaders. They can also earn valuable recognitions and financial support for travel and educational experiences through the process.*

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### Junior Leaders

4-H'ers in eighth grade or older are encouraged to join the Junior Leaders. The purpose of the group is to:

1. Provide leadership training and opportunities for older members of the 4-H program.
2. Assist adult leaders in conducting county and club programs.
3. Plan and conduct county 4-H activities.
4. Provide an opportunity for social, educational, and service experiences, as well as leadership development.
5. Encourage older youth to continue 4-H work.
6. Carry out community service activities.

### Awards and Recognition Dinner

Each October a 4-H Awards and Recognition Dinner is held. This program is meant to recognize the contributions and accomplishments of adults and youth involved in the 4-H program. All 4-H members, leaders, and parents are invited to attend.



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### Horse Training Sessions

Horse project workshops and activities can take place throughout the year. Horse project members take part in play days, shows and judging events to prepare for the County 4-H Horse Show held at the Fair. County winners may go on to compete at the State 4-H Horse Expo.

### Day Camp

Held for Cloverbuds in the summer. Cloverbuds (K-2) get to experience traditional camp experiences designed especially for them. This is a free camp.

### Tri-County Camp

This 3-day camp takes place in July at Camp Northwoods in Drummond. It is conducted jointly with Ashland County. This camp is open to all 4-H members between third and eighth grades. Trained teenage 4-H members serve as counselors. Recreation, arts and crafts, nature study, music and waterfront activities are all a part of camp. Leader Association funding support keeps this camp affordable for all.

### Winter Camp

This is a district-wide event for 4-H members in grades 8-12 held at Crosswoods Camp in Delta in January. This weekend includes educational workshops and outdoor engagement through cross-country skiing, inner tubing, broomball and orienteering.

### Pumpkin and Sunflower Growing Contest

Youth and adults of all ages can participate in this yearly contest. The Horticulture Committee provides seedlings and seeds each spring, and the contest for the biggest pumpkins and sunflowers is held in mid-September.

### Topside Lake Property

Bayfield County 4-H owns a 60 acre parcel of land on the south side of Topside Lake, three miles east of Iron River. The 4-H Topside Lake Committee organizes and hosts seasonal events. In the fall of 2006 an open sided shelter was built to encourage active use of this resource. To reserve this site call Ian in the 4-H office at 373-6104 ext 249.

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## Bayfield County 4-H Leaders Association

### Who makes up the Association?

General leaders, project leaders, activity leaders, key/resource leaders, parents, adult committee members, the 4-H Executive Board, selected youth representatives, and adult volunteers are all a part of the 4-H Leaders Association. This association meets most months on the third Monday, 7 pm at the AERC (formerly Ashland Ag Research Station) or other locations. No meeting is held in December. Executive Board meetings may be substituted for meetings of the general Association some months.

### Purpose:

1. To further, in all ways, the development of youth through the 4-H program in Bayfield County.
2. To determine the policy for and conduct the business of the 4-H club program in Bayfield County.
3. To plan, conduct and evaluate 4-H work and appropriate training and activities with the assistance of the UW-Extension office.
4. To bring up for discussion the concerns and ideas of the 4-H members and certified leaders and to propose and follow up on possible solutions or appropriate actions.
5. To provide necessary funds for 4-H activities and events.

### 4-H Leaders Association Executive Board

The 4-H Executive Board is composed of officers elected by the 4-H Adult Leaders Association and two to three representatives from the 4-H Junior Leaders. Any adult volunteer can run for a position on the board. Elections take place in November and elected members serve a two-year term. The board is responsible for the fiscal and policy-making process for the County 4-H program. The board meets four times per year.

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## Youth Leadership

*Youth grow in commitment and responsibility by taking on leadership roles. Many types of leadership opportunities are available in 4-H.*

### Club Officers

Officers work together with their club leaders to plan and conduct club meetings and events. Clubs will usually have a president, vice president, secretary, treasurer, and historian/reporter, each with their own specific tasks.

### Ambassadors

The job of an ambassador is to promote the 4-H program on a local level while developing leadership and communication skills. By fulfilling their obligations as ambassadors, 4-H'ers increase their knowledge of 4-H, improve their self-confidence, and get others interested in joining 4-H.

### Youth Leaders

Older youth are encouraged to take the Youth Leadership project where they will learn how to develop a leadership plan, teach, accept responsibilities and encourage others. They may also decide to focus on a particular program or activity where they use their skills to help younger members.

### Camp Counselors: (9<sup>th</sup> Grade and Up)

Youth in 9<sup>th</sup> grade and older are eligible to apply for various positions at 4-H Camp. This is a great leadership experience for older youth. Eighth graders can prepare to be counselors by participating in the CIT (Counselors in Training) program at camp.

### County-wide Activity Coordinators: (Committee Members)

Adult and youth partnerships are the key to planning a successful event. Youth may volunteer to be part of a planning committee for any of the county-wide 4-H events. Responsibilities include attending planning meeting, volunteering for various jobs to prepare for the event, teaching and helping out the day of the event.

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