

DEPARTMENT B-25 -- FOOD AND NUTRITION

CLASS C - FAVORITE FOODS REVUE

Saturday, March 4, 2017

9:00 a.m.

**Chippewa Falls Moose Lodge,
8118 149th Street, Chippewa Falls**

Superintendent – Kim Syverson



- ⇒ Members may enter only 1 level and 1 premium number.
- ⇒ Exhibits will be conference judged and uniform premiums awarded.
- ⇒ Ribbons will be awarded at the judge's discretion.
- ⇒ Awards of Excellence will be awarded.

Open to members enrolled in the 4-H Cloverbud Project

- Exhibitors should display food on plate and may include place setting. A copy of the recipe must be displayed.

Prem. No.

1. Brownies with mix, unfrosted (3)
2. Brownies without mix, unfrosted (3)
3. Peanut Butter cookies with mix (3)
4. Nutritious beverage that fits food plan

Open to members enrolled in the 4-H Exploring Project

- Exhibitors should display food on plate and may include place setting. A copy of the recipe must be displayed.

Prem. No.

5. Salads and relishes
6. Sandwiches
7. Desserts (including cookies and bars)
8. Nutritious beverage that fits food plan

Open to members enrolled in Foods & Nutrition Project (Grade 4)

- Entries must be from food on your menu. The menu for the meal, the recipe, and a list of all equipment used must be displayed. The display may include place setting.
- Be prepared to explain to the judge how the equipment is used in preparing food.

Prem. No.

9. Salads and relishes
10. Sandwiches
11. Desserts (not cookies or bars)
12. Nutritious beverage that fits food plan

Open to members enrolled in Foods & Nutrition Project (Grades 5-6)

- Entries must include one prepared food, (recipe and menu for meal must be displayed), placemat or cloth, place setting, serving pieces, and centerpiece. Must be as attractive and complimentary as possible.
- Be prepared to explain reasons for planning your menu (texture, color, etc.) and to answer nutritional questions regarding My Plate.

Prem. No.

13. Salads and relishes
14. Main dishes
15. Desserts (not cookies or bars)
16. Nutritious beverage that fits food plan

Open to members enrolled in Foods & Nutrition Project (Grades 7-13)

- Entries must include one prepared food, (recipe and menu for entire day must be displayed), place setting, serving pieces for food, and centerpiece. Must be as attractive and complimentary as possible.
- Members should try to carry international theme through centerpiece, place setting, and food as much as possible.
- Be prepared to explain reasons for planning your menu (texture, color, etc.) and to answer nutritional questions regarding My Plate.

Prem. No.

17. Salads and relishes
18. Main dishes
19. Desserts (not cookies or bars)
20. Nutritious beverage that fits food plan

**Open to members enrolled in Food Preservation Project
(Grades 3-8)**

- Entries must include one home preserved ingredient, recipe included, placemat or cloth, place setting, and a jar of the canned item used in the recipe.
- Be prepared to answer questions on preservation procedures and nutrition.

Prem. No.

21. Salads and relishes
22. Main dishes
23. Desserts (not cookies or bars)
24. Nutritious beverage that fits food plan

**Open to members enrolled in Food Preservation Project
(Grades 9-13)**

- Entries must include one home preserved ingredient, (recipe and menu for a day displayed), placemat or cloth, place setting, and a jar of the canned item used in the recipe. Food must have been preserved by member. Include explanation of preservation technique.
- Be prepared to answer questions on preservation procedures and nutrition.

Prem. No.

25. Salads and relishes
26. Main dishes
27. Desserts (not cookies or bars)
28. Nutritious beverage that fits food plan

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All relevant information appears above (from the fairbook). Additional information is available at the Extension Office. Call Jackie Johnson at the Extension Office at 715-726-7956 with questions.

-----FOODS REVUE REGISTRATION-----

Name _____ 4-H Club _____

Full Address _____ Telephone _____

Photo Release: _____ yes _____ no

Premium # of exhibit _____ (See above for correct premium number)

PLEASE RETURN TO: Jackie Johnson
Courthouse, Room 13
711 N. Bridge St.
Chippewa Falls, WI 54729

Deadline: February 24, 2017