



Active Opportunities in Communities

Bloomington

River Ridge Middle School 994-2715

Women's volleyball – Wednesday evenings starting in
September
Outdoor track

Boscobel

High School 375-4161

Outdoor track
Walking courses inside 6-7:30 am

Cuba City

Elementary School 744-2174

Walking inside 4:00-7:00 pm weekdays

High School 744-8888

Outdoor track, yoga classes

Dickeyville

Community Building 568-3333

Gym available for walking, basketball, etc.
Weekdays 6 am-5 pm unless reserved
Saturday 6 am-noon

Fennimore

High School 822-3245

Outdoor track and walking 6-7:30 am
Open gym Wednesdays 7-9 pm
Weight room 6-8 pm on Mon., Wed., and Fri.

Southwest Tech

822-2450

Indoor and outdoor mapped walking routes.

Community members can use the Fitness Center for monthly membership fee. www.swtc.edu**Hazel Green****Southwestern Schools**

854-2261

Outdoor and indoor track

Open gym and weight room

**Lancaster****Winskill Elementary**

723-4066

Walking inside November 1st to 2nd Friday in April, weekdays from 4:00-7:30 pm, when available**High School**

723-2173

Outdoor track, Frisbee golf

Youth & Ag Center

723-2125

916 E. Elm St.

Auditorium open for walking mornings from 8:00 am to noon if the room is available. Call ahead to check.

Montfort**Iowa Grant Middle School**

943-6311

Walking inside 4:00-8:00 pm weekdays. Community members can use the Fitness Center from 6:00-9:00 pm for a school year membership fee.

Muscoda**Riverdale Schools**

739-3832

Outdoor track at high school

Walking inside the elementary and high schools week days 6:30-7:30 am

Weight room available for ages 18 and older

Patch Grove

River Ridge High School 994-2715

Men’s basketball - Wed. evening starting in Nov.

Platteville

UW-Platteville 342-1568

Walking (indoor and outdoor tracks), swimming, basketball, racquetball, volleyball, tennis and weight lifting.

Monthly, semester and annual memberships are available for the Pioneer Activity Center

Fees vary by type of membership

www.uwplatt.edu/pac

Free outdoor 18 hole Frisbee golf on Greenwood Avenue past Glenview Dining Hall

Potosi

High School 763-2161

Outdoor track

Walking inside starts Nov. 1 – 6-7:30 am & 5-8 pm

Senior Dining Sites

Aging & Disability Resource Center (ADRC)

1-877-794-2372 www.co.grant.wi.gov

Eleven senior dining sites around the county offer a place for senior citizens to socialize and share a meal with others. Most of the sites plan activities for seniors including exercise classes and nutrition education. Call to get specifics.

Bagley

Boscobel

Blue River

Dickeyville

Cassville

Cuba City

Fennimore

Lancaster

Montfort

Muscoda

Platteville