

# Wisconsin Nutrition Education Program Report for 7/1/16 – 7/29/16 Jackson County Extension Education Committee



## **WNEP Projects, Events and Professional Development: April Duval, Coordinator:**

- \* WNEP Teaching Event Data Entry- review quarter 1 for accuracy, entry of quarter 2 and quarter 3 data (numbers, demographics, teaching topic, and time)
- \* Reviewing the pilot test of the new WNEP Online Training Course for new educators and giving feedback to WNEP state specialist.
- \* Supervision of and meetings with WNEP Nutrition Educator Sandy Witte
- \* Jackson in Action Community Group Meeting and 5210 Work Group Meeting (see photo below:)



- 5** or more servings of fruits & vegetables
- 2** hours or less recreational screen time
- 1** hour or more of physical activity
- 0** sugary drinks, more water & low fat milk



## **Educational Programming in Jackson County Community:**

- Jackson County WIC: Fruit & Vegetable display, recipes and educational materials
- Taylor Food Pantry: Lesson Topic: Keep Fruits Fresh Lesson: 6 adults
- Jackson County WIC Grocery Store Tour and \$10 Challenge: 3 adults (see photo above right)
- Jackson County Early Head Start Grocery Store Tour and \$10 Challenge: 1 adult

**In Jackson County there was a total of 3 Direct Nutrition Education events with a total of 10 educational contacts from 7/1/16 – 7/29/16.**