

Jefferson County 4-H Key Award

NAME: _____
 4-H CLUB: _____
 AGE: _____ GRADE _____ YEARS in 4-H _____
 ADDRESS: _____
 CITY / STATE / ZIP: _____

- Part 1: 4-H Participation (up to 50 points)
- Part 2: 4-H Life Skill Development (up to 100 points)
- Part 3: 4-H Capstone Leadership Project (up to 50 points)

Applicant must receive at least 175 points to obtain the Key Award

Key Award applications must be completed by September 1st.

Member Signature: _____

Mentor Signature: _____

PART 1: 4-H Participation (total of up to 50 points)

| | List Years Completed | Points |
|---|----------------------|--------|
| 1. Completed years of 4-H. (up to seven points, must have three) | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | Total Points | |
| 2. Held 4-H officer position at club, county, or state level (up to six points) | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | Total Points | |
| 3. Completed 4-H project (projects cannot repeat) (up to four points) *exhibited in this project at the Jefferson County Fair or other similar youth exhibition opportunity. *Completed a 4-H Record Book with specific project page for project listed or completed a Project Award Form. | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | | 1 |
| | Total Points | |

4. Served on a Committee (committees cannot repeat)
(club committees = 1 point)
(county committees = 2 points)
(six activities with a maximum of nine points)

List Committee and Year

Total Points _____

5. Participated in 4-H events such as judging, fair, Special Emphasis, Project Learning Day, Camp, Youth Conference, etc. (events cannot repeat)
(club = 1 point)
(county, regional, state = 2 points)
(six activities with a maximum of nine points)

List Event/Activity and Year

Total Points _____

6. Participated in 4-H related community service activity. (activities cannot repeat)
(club = 2 point)
(county, regional, state = 3 points)
(six activities, maximum of 15 points)

List Event/Activity and Year

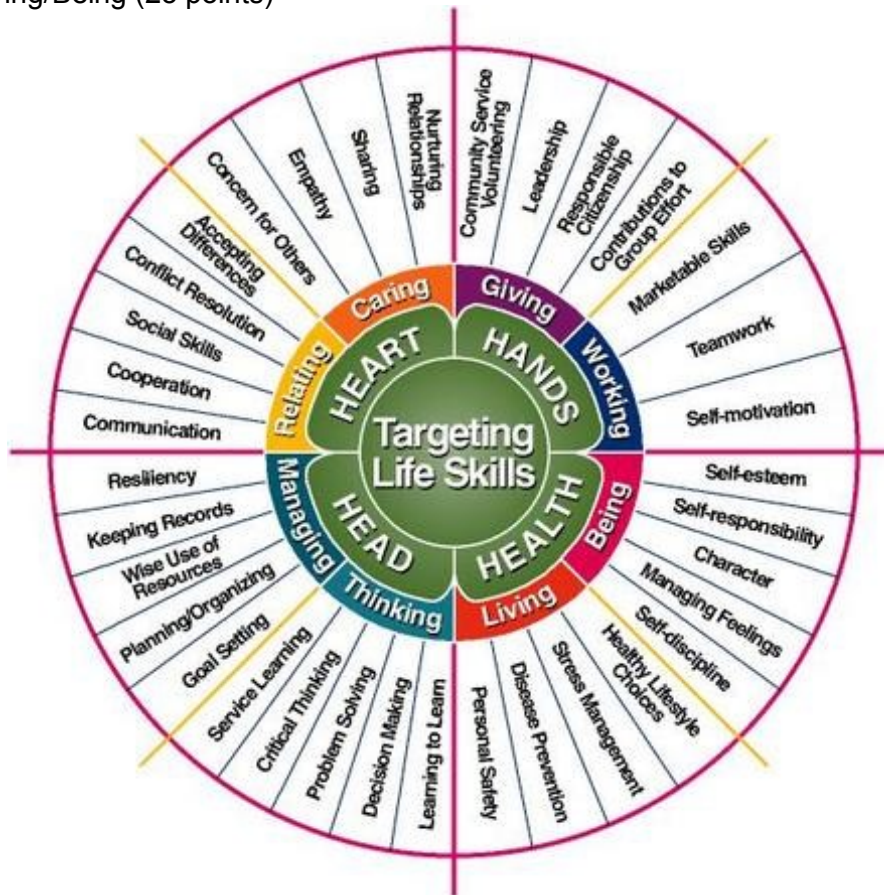
Total Points _____

Total Point Part 1: 4-H Participation

Part 2: 4-H Life Skill Development (total of up to 100 points)

- On 8 1/2 by 11 plain white paper tell us about a 4-H experience you have had in each of the four areas listed below.
- Use 12 pt font (Times New Roman, Arial or a similar font is suggested) and one inch margins.
- Label each section HEAD, HEART, HANDS, or HEALTH .
- Use 2 pages or less.
- The targeting life skills model is shown to assist you in better understanding life skill development in each of the four areas.
- Optional - you may include up to two pages of supporting materials. (flyers, pictures, newspaper articles etc.)

1. HEAD – Managing/Thinking (25 points)
2. HEART – Relating/Caring (25 points)
3. HANDS – Giving/Working (25 points)
4. HEALTH – Living/Being (25 points)



Part 3: 4-H Capstone Leadership Project (total of up to 50 points)

What is a capstone? The definition of capstone is a high point; something considered the highest achievement or most important action in a series of actions.

Work with an adult mentor to create a 4-H capstone (see definition above) leadership project. The project is something in which you provide or initiate leadership and should benefit your club, community, county or world. 4-H has taught you many leadership skills, use this opportunity to put them all together to create a project that reflects you and your 4-H experiences. Contact the UW Extension Office for project ideas or a list of projects that have been completed in the past.

Use up to one 8.5 x 11 sheet of white paper to tell why you chose this effort and how it improved the lives of others. Use 12 pt font (Times New Roman, Arial or a similar font is suggested) and one inch margins. Optional – you may include one page of supporting materials (flyers, pictures, newspaper articles etc.)