

4-H ACTIVITIES

One point for each, except where noted. Where * appears, explain what you did on the last page.

Club Level Activities		Years in 4-H										
		1	2	3	4	5	6	7	8	9	10	11
1.	Gave leader completed record book on time											
2.	Attended 7 4-H club meetings											
3.	Pictures in record book											
4.	Newspaper clippings in record book											
5.	Attended 2 club project training meetings											
6.	Member of club committee *											
7.	Chairman of club committee *											
8.	Officer of club *											
9.	Song & Recreation Leader, etc. *											
10.	Helped with club tour of member's project											
11.	Attended club tour, picnic, or trip											
12.	Youth leader in 4-H activity (drama, music, etc.)											
13.	Youth leader in project or activity area *											
14.	Gave talk or demonstration											
15.	Participated with club community service project											
16.	Participated with club conservation project											
17.	Participated with club health project											
18.	Participated with club history project											
19.	Participated with June Dairy Month promotion											
20.	Participated with club recreation project											
21.	Participated with club safety project											
22.	Helped get new club started or new members											
23.	Other 4-H club activity *											
24.	Other 4-H club activity *											
25.	Other 4-H club activity *											
	Total Club Points											

County Level Activities		Years in 4-H										
		1	2	3	4	5	6	7	8	9	10	11
26.	Attended 4-H Leader Association/Teen Leader Association Meeting											
27.	Officer in Teen Leader Association											
28.	Helped at county project training (2 pts)											
29.	Speaking Event (2 pts)											
30.	Clothing Revue											
31.	Exhibited at county fairs (1 pt/fair)											
32.	Volunteer at fairs (food stand, exhibit hall, barns) (2 pts)											

33.	Helped with club booth at fair													
34.	Exhibited at 4-H poster contest													
35.	Talent Show – Fair (2 pts)													
36.	Attended Summer Camp													
37.	Participate in a 4-H Promotion													
38.	Camp Counselor (2 pts)													
39.	Demonstration (2 pts)													
40.	Participated in county community service (Special Olympics, Trick or Treat for Operation Bootstrap, etc.)													
41.	Winter Camp													
42.	Participate in county recreation (Roller skating, tobogganing, swim party, etc.)													
43.	4-H Exchange													
44.	Judging team member, i.e., livestock, dairy, meat (2 pts)													
45.	Attended 4-H Awards Night													
46.	Visited school or PTA to promote 4-H (2 pts)													
47.	Gave 4-H radio or TV presentation (2 pts)													
48.	Work at June Dairy Day													
49.	4-H Ambassador (2 pts)													
50.	Helped at county event													
51.	Attended county project meeting (2 pts)													
52.	Market Animal project													
53.	Attend county officer training													
54.	Member of county committee													
55.	Ag Olympics													
56.	Other 4-H county activity *													
57.	Other 4-H county activity *													
	Total County Points													

District, State, National Level Activities		Years in 4-H												
		1	2	3	4	5	6	7	8	9	10	11		
58.	Attended district 4-H meeting													
59.	Area Animal Science Days													
60.	State 4-H Youth Conference delegate													
61.	State 4-H music program													
62.	Participated in State Fair													
63.	Participated in State 4-H dog show													
64.	Participated in State 4-H horse show													
65.	Participated in State meats judging													
66.	Participated in other 4-H state event *													
67.	Participated in state 4-H workshop *													
68.	American Spirit Leadership delegate													
69.	Citizenship Washington Focus delegate													
70.	National 4-H Congress													
71.	Participated in national 4-H event													

72.	Other 4-H area activity *												
73.	Other 4-H area activity *												
	Total District, State, National Points												

TOTAL POINTS FOR 4-H ACTIVITIES

Area Totals	Years in 4-H												
	1	2	3	4	5	6	7	8	9	10	11		
Project Points Up to 4 per year													
Club Activities													
County Activities													
District, State, National Activities													
Total Points for Each Year													
Total Accumulated Points for All Years													

ACHIEVEMENT PIN WINNERS

Your leader will check your record book in September. The leader will apply for the pin for you when you receive the necessary points. Points needed for Bronze - 40, Silver - 90, Gold - 140, Honor - 200, High Honor - 260, and Excellence - 320.

Put the year by the award when you receive it. (You may receive each award only once.)

- First Year Pin _____
- Bronze Award _____
- Silver Award _____
- Gold Award _____
- Honor Award _____
- High Honor Award _____
- Excellence Award _____
- Graduation Pin _____
- Secretary Award _____
- Historian Award _____
- Large Animal Science Award _____
- Small Animal Science Award _____
- Cultural Arts Award _____

- Mechanical Science Award _____
- Environmental Ed. Award _____
- Plant & Soil Science _____
- County Youth Leader _____
- Teen Leader _____
- Key Award _____
- State 4-H Youth Conference _____
- Citizenship Washington Focus _____
- National 4-H Congress _____
- American Spirit _____
- Ambassador _____
- Family Health & Home Award _____

AWARD DEFINITIONS

Each of the following awards may only be received one time.

First Year Pin: Members have completed first year in 4-H (or the leader's discretion).

Bronze Award: Members have accumulated 40 points on the permanent record in the record book.

Silver Award: Members have accumulated 90 points on the permanent record in the record book.

Gold Award: Members have accumulated 140 points on the permanent record in the record book.

Honor Award: Members have accumulated 200 points on the permanent record in the record book.

High Honor Award: Members have accumulated 260 points on the permanent record in the record book.

Excellence Award: Members have accumulated 320 points on the permanent record in the record book.

Graduate Pin: Members have completed three years of 4-H and have graduated from high school or are 18 years of age.

Club Secretary Award (Up to 2 awards): Forms in Club Secretary Book must be completed: Attendance Record Sheet, Officer Summary Sheet, Club Calendar, monthly minutes (in order), and Club Evaluation Form. Financial Sheet is optional. Member does not need to be in Youth Leadership project to be nominated for this award. There is no age or grade requirement.

Historian Award (Up to 2 awards given each year): Club Historian collects news stories and pictures about the club, its members, and accomplishments and activities during the past 4-H year and presents them in a neat, up-to-date completed scrapbook. Member does not need to be in Youth Leadership project to be nominated for this award. There is no age or grade requirement.

Family Health & Home (Up to 2 awards): Members shall be in 6th grade or higher, be enrolled in the youth leadership project during the past year and have a family, health and home project.

Mechanical Science Award (Up to 2 awards): Members shall be in 6th grade or higher, be enrolled in the youth leadership project during the past year, and have a mechanical science project.

Environmental Education Award (Up to 2 awards): Members shall be in 6th grade or higher, be enrolled in the youth leadership project during the past year, and have an environmental education project.

Plant and Soil Award (Up to 2 awards): Members shall be in 6th grade or higher, be enrolled in the youth leadership project during the past year, and have a plant and soil project.

Animal Science Award-Large Animals (dairy, beef, swine, sheep, horse) (Up to 2 awards): Members shall be in 6th grade or higher, be enrolled in the youth leadership project during the past year, and have an animal science project.

Animal Science Award-Small Animals (dogs, cats, poultry, rabbits, pets) (Up to 2 awards): Members shall be in 6th grade or higher, be enrolled in the youth leadership project during the past year, and have an animal science project.

Cultural Arts Award (Up to 3 awards): Members shall be in 6th grade or higher, be enrolled in the youth leadership project during the past year, and have a cultural arts project.

County Youth Leader Award (Number varies each year): Members shall be in 7th grade or higher, have completed two years of youth leadership project and be currently enrolled in it, have at least 40 or more permanent record points, and be active 4-H members.

Teen Leader Award (Number varies each year): Members shall be in 9th grade or higher, have completed three years of the youth leadership project and be currently enrolled in it, have at least 90 or more permanent record points, and be active 4-H members.

*** Explain briefly on the back page what you did in activities that are marked with an asterisk (*). Use extra pages as needed.**

Example: 1989

Item 6 – Worked on Christmas party committee and planned entertainment.

Item 23 – Worked two hours at our club bake sale.