

Sauk County 4-H Newsletter

Clover Comments

October 2016



MUSINGS FROM MEG:

Whew! We all made it through the end of the 2015-2016 4-H year. End of the year paperwork, charters and awards applications all came rushing in on Friday. It was good to see many of you as well as see the award applications and nominations that came into the office.

We had a GREAT 1st Annual meeting with 11 out of our 16 clubs represented. We heard quite a bit of really good feedback from the meeting. Club leaders were updated on the Senior Leaders budget, received the NEW Sauk County 4-H policy document, received the 2016-2017 year round calendar, heard about the transferring of fair responsibilities and much more. Please check with your club leader about the information that was shared.

Clubs- now a perfect time to START working on those project records. If your club would like me to attend an upcoming meeting to talk about project records, or train your officers, or another topic, please let me know. Please email me at: margaret.sage@ces.uwex.edu to plan a visit from me.

NEW 4-H YEAR BEGINS OCTOBER 1

October 1 brings the beginning of the NEW 2016-2017 4-H Year. **4-H Enrollment opened on September 9.** Enrollment instructions and materials was given to Club Leaders in August. **All 4-H members (including leaders) must be enrolled and have their final projects selected by December 1, 2016.** There is MUCH more information about enrollment in the following pages including projects vs. exhibits, choosing projects, project updates, and more.

NATIONAL 4-H WEEK – OCTOBER 2-8

We hope that each and every 4-H member and club will do something to promote Sauk County 4-H, your club and/or 4-H in general during **October 2-8.** Some ideas to get you started: Set up a 4-H booth at a grocery store, library, or other place of business. Ask your teacher if you can talk about the 4-H program in class. Wear your 4-H t-shirt and bring some of your exhibits; Share your 4-H Story with the newspaper, radio station or other media. How are you making a lasting impact?

JUNIOR LEADER COUNCIL (JLC) MEETING

The Junior Leader Council is open to ALL youth who are in 7th grade and up and enrolled in the Sauk County 4-H program. If you are not getting JLC emails, please contact Meg Sage at margaret.sage@ces.uwex.edu and Jordan Blue at jordanblue71@gmail.com to add you to the emails. The **Fundraising Committee** will be at **6PM on the 20th.** The JLC meeting will be on **Thursday, October 20 at 6:30PM.** **Community Service Committee** will meet **after the JLC** meeting.

SENIOR LEADERS' MEETING

The Senior Leaders' meet on the fourth Tuesday of each month. The next meeting will be **Tuesday, October 25 at 6:30 in room B30 in the basement of the West Square Building.** 4-H members, leaders and families are welcome to attend.

CONGRATULATION CLOVERS

- ☘ To all of the clubs who donated shoes to the Junior Leader Council during the Sauk County Fair. Rankings – 1st Place- **Sauk Prairie Earthlings**, 2nd place – **Baraboo Valley**, 3rd place – **Circus City, Endeavor and Prairie Busy Badgers.**
- ☘ Congratulations to ALL of the 4-H Clubs who created educational displays during the County Fair. **Congratulations to Active Strivers for winning educational**

FIND THE HIDDEN IMAGE

Congratulations Clara Weiss who found the hidden image in the last month's newsletter. Each month the symbol will change. The first **4-H member** to find the image and email Meg with its' location at margaret.sage@ces.uwex.edu will win a 4-H prize from a box of choices in the Extension Office. This month's image is: ☘

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<http://sauk.uwex.edu/>

SEPTEMBER CALENDAR RAFFLE WINNERS

September 1-Danielle Breunig, Prairie du Sac, \$20
September 2- Robin Brenner, Reedsburg, \$20
September 3-Ryan Engel, Reedsburg, \$50
September 4-Kristine Laack, Plain, \$20
September 5-Ray & Julie Molitor, Reedsburg, \$100*
September 6-Helene Pertzborn, Waunakee, \$20
September 7-John Rasch, Sauk City, \$20
September 8-Alissa Skibba, Prairie du Sac, \$20
September 9-Bobbie Hinz, Hillpoint, \$20
September 10-Steve & Connie Sorg, Spring Green, \$20
September 11-Kathy Hartley, Madison, \$20
September 12-Olivia Breunig, Mazomanie, \$20
September 13-June Hillert, Friendship, \$20
September 14-Carl Weiss, Prairie du Sac, \$20
September 15-Jessica Engel, Reedsburg, \$20
September 16-Lane Engel, Reedsburg, \$20
September 17-Keith & Sara Bohl Family, Hillpoint, \$20
September 18-Tonya Gross, West Allis, \$20
September 19- Michael Gehin, Baraboo, \$20
September 20-Vicki Kepler, Dane, \$20
September 21-Performing Arts Dance, Wisc. Dells, \$20
September 22-Nova Mijal, Prairie du Sac, \$50
September 23- Carrie Finley, Mazomanie, \$20
September 24-Jeanette Judd, Reedsburg, \$20
September 25- Lolly Stout, Cross Plains, \$20
September 26-Tim Meister, Lyndon Station, \$20
September 27-Kolton Wehler, Prairie du Sac, \$20
September 28-Rebecca Kimpfbeck, Baraboo, \$20
September 29-Scott Boettcher, Plain, \$20
September 30-Sue Kasemodel, Sauk City, \$20

GETTING THE MOST OUT OF CLOVER COMMENTS

The Clover Comments is FILLED with information to expand your 4-H involvement in leadership, multi-level events, and project areas. We understand that this can be overwhelming. We recommend:

- When you receive your Clover Comments, take some time as a family to review it, maybe over family dinner.
- Have a highlighter ready and highlight those things you are interested in.
- Mark those dates down on your Family calendar.
- RSVP and fill out the forms for the events as soon as you receive the information. The longer you wait the more likely you are to forget.
- For Leaders – At club meetings, please announce events that you think will interest your club members.
- If you misplace your Clover Comments no worries...
 - Extra hard copies are available to be picked up in the Extension Office.
 - Electronic copies are found at sauk.uwex.edu

4-H NATIONAL YOUTH SCIENCE DAY

EXPERIMENTS

One of the really fun parts of National 4-H week is the 4-H National Youth Science Day Experiment.

<http://www.4-h.org/4-h-national-youth-science-day/>

Each year, National 4-H Council prepares a different experiment for youth all over the country to participate in during National 4-H week. This year's experiment is called Drone Discovery and will help youth and adults learn about flight dynamics to safety to remote sensing! This year there will be three events happening in Sauk County.

- ✿ **Wednesday, October 5 from 4PM-5:30PM** at the Kraemer Library in Plain. The event will be hosted by Happy Hustlers 4-H Club.
- ✿ **Thursday, October 6 from 6PM-8PM** at Ruth Culver Library in Prairie Du Sac. This event is hosted by Sauk Prairie Earthlings 4-H Club.
- ✿ **Friday, October 21 from 6PM-8PM** at the Rock Springs Library. This event is hosted by Narrows Creek 4-H Club.

JUNIOR LEADER COUNCIL BOWLING TOURNAMENT

The Junior Leader Council will be hosting an 8 pin tap tournament at **Thunderbird Lanes in Baraboo on Sunday, October 9. Registration will begin at 12:30PM and the tournament will begin at 1:00PM.** The cost is \$15 per person BUT if you donate a pair of shoes you can get a dollar off! (Usable shoes that can be donated include - tennis shoes, casual shoes, leather look alike and leather shoes.) ALL 4-H members, leaders and families are encouraged to attend. Also please promote the event to your non-4-H friends. The event is open to the public. Prizes will be given for:

- Costume Contest
 - Best Dressed Individual
 - Best Themed Team
- Tournament Divisions
 - Men 19 and Older
 - Women 19 and Older
 - Youth 12-18
 - Youth 5-11

An extra special part of the event will be a silent auction of items made by 4-H members. Possibly to include jewelry; woodworking; craft items; photographs; artwork; and much more.

Please plan on attending this FUN event!

4-H... More Than You Ever

IMAGINED.





FERMENTATION FEST FARM/ ART DTOUR

The Fermentation Fest Farm/Art Dtour is a 50-mile self-guided drive through scenic Sauk County punctuated by temporary art installations, Roadside Culture Stands, Pasture Performances and more. This year's route travels through Reedsburg, Rock Springs, North Freedom, Loganville and Hillpoint. Visit www.fermentationfest.com to download a map.

Skillet Creek will have a bake and craft sale, on October 8. You will find them on Mile Road, across from map stop number 37.

We hope you will all get out and check out what your fellow 4-H members are doing. There are two displays that we have seen pictures of so far.



NEWSFLASH!!!

Please email your information by **October 15 for the November newsletter** to margaret.sage@ces.uwex.edu. Please make sure the information is 4-H related.



SEEKING 4-H LEADER TO SERVE ON THE SENIOR LEADERS ASSOCIATION

The Sauk County 4-H Senior Leaders Association is seeking a 4-H volunteer to serve on the board. The purpose of the Senior Leaders Association is to:


- Assist the Sauk County UWEX office in planning the 4-H year.
- Discuss issues relating to 4-H programming, Clubs, leaders and members.
- Support the 4-H Youth Development Agent in the management and improvement of existing programs and the development of new programs.
- Cooperate with other youth agencies to provide leadership development in youth programming.
- Promote the 4-H program in Sauk County.

The Board meets the 4th Tuesday of every month. It is important that interested candidates be available to attend. There are also some additional expectations such as: helping coordinate at least one event during the year; attending and helping at various events each year; as well as serving as an active member of at least one of the Board Committees.

The following officer and district position are still open, and we are still looking for candidates.

- Secretary
- NW District - candidate must be a certified leader from Baraboo Valley, LaValle Lucky Ducks, Jolly Beavers and Narrows Creek 4-H clubs.

If you are interested in serving on the Senior Leaders board in any of these positions, please email Meg Sage at margaret.sage@ces.uwex.edu as soon as possible, or by Friday, October 21, so your name may be included on the Senior Leaders Agenda.



JUNIOR FAIR COMMITTEE

Junior Fair Committee Meetings - The JFC is an advisory committee and provides suggestions and motions to the Fair Board on Junior Fair related items. **The next meeting will be held on Thursday, October 27 at 7PM in room B30 in the West Square Building.**



SUPER SATURDAY CALL FOR WORKSHOP SESSION PROPOSALS

Super Saturday is a FUN, hands-on, project learning day that is held each January. **The 2017 event will be held on Saturday, January 21 from 8:30AM-2PM.**

Based on evaluation forms from last year and recommendations from the committee, Senior Leaders have made some changes to the 2017 event.

- If you are a parent attending the event, (NOT attending sessions to learn) and are serving in a parent helper role, you will have a \$6 registration fee to cover lunch and facility fees.
- We will be looking for some presenters who are interested in presenting their sessions twice.
 - Especially for Cloverbuds - We would split the Cloverbuds into two rooms have a session being taught in each room and then flip the presenter to the other room.

Continuing on from last year...

- Sessions will be one hour in length.
- Youth and adults will be able to participate in four different sessions at Super Saturday.
- There will be an \$11 registration fee for each youth and adult for the entire day. The \$11 registration fee includes lunch.
- There will be a \$25 honorarium available for each workshop for the presenter to use to cover their supply costs for the workshop.

Session topics that were suggested on last year's evaluation form included: Horse, Dairy, Cloverbuds, Project Record, Foods – Healthy Snacks, Photography, Entomology, Conservation, 1st Aid, Photography, Meats, Small Engines, Improv, Theater Arts, Arts and Crafts, Legos, Poultry, Creative Writing, Livestock Judging and more...

If you are interested in presenting a fun, hands-on project focused session at Super Saturday, please use the form in the back of Clover Comments. All completed session proposals are due back to Meg by November 2.



4-H GROWS HERE



AWARDS BANQUET

The Awards Banquet, hosted by Baraboo Valley 4-H Club, will be on Sunday, November 13th at 4PM in Baraboo. The location is still to be determined. The cost for dinner will be around \$5 per person. This can be paid at the Sauk County Extension Office or at the registration table at the event. The location and cost will be emailed out to 4-H Club Leaders when it is finalized. **Please RSVP by Wednesday, November 2 by calling the Extension office at 608-355-3250.** Members and leaders will be recognized for their accomplishments from throughout the last year. Please plan on joining in the Celebration!



THE ROCK SPRINGS LIBRARY RAFFLE

The Rock Springs Library is holding a raffle. **Tickets are on sale until November 15. Daily winners will be drawn in Dec.** Buy your ticket today at the library at 101 First Street, Rock Springs. Tickets are \$10 apiece and there are over \$1500 in cash. www.rockspringslibrary.com



TROUBLESHOOTING 4HONLINE

If you are having troubles with 4HOnline, try changing your internet browser. 4HOnline and Internet Explorer don't seem to like each other very well. Our State 4-H Information Specialist recommends that you use either Google Chrome or Firefox as your internet browser anytime you are using 4HOnline.



CHOOSING 4-H PROJECTS NOW WHEN YOU ENROLL

All 4-H members and leaders are encouraged to enroll in their projects NOW, and NOT wait until the enrollment deadline of December 1. As soon as all members in a club have enrolled in their projects, then 4-H Club Leaders and other leaders in the club can start holding project meetings. The sooner project meetings can start, the more exploring and learning you will be able to do in your project area.

There are many projects to choose from. You should pick a project that interests you and will teach you something new. Use the Sauk County 4-H Project Selection Guide to help you understand what you can learn about in each project. Once you have selected a project, you can order project materials. The project materials to support each project are listed in the Sauk County 4-H Project Selection Guide. **You will use one Project book for about 2-3 years to support you in your project learning.** The materials are easy-to-read books that explain your project and suggest ideas to do. You will spend many months working in your project area. Your parents, volunteer leaders and others will help you learn and have fun.



ENROLLMENT IN SAUK COUNTY IS OPEN!!!

Enrollment for 2016-2017 4-H Year is open on wi.4honline.com Your club leader will be receiving the Sauk County 4-H Project Selection Guide, soon, hopefully in time for your October meeting, if not, then for your November meeting.

The following are instructions for RE-ENROLLMENT. If you did not enroll in 4-H last year, there are different directions for you, please contact Judy Gurgel at jgurgel@co.sauk.wi.us

- To get started with the re-enrollment process, log into 4HOnline with your family email and password. If you forgot your password, use the "I forgot my password" option.
- On the family home screen, click on the orange button labeled **Continue to Family**.
- On your Member/Volunteer list, find the family member you wish to re-enroll and click on Edit next to their name.
- At the bottom of the next screen, click on the button for **Enroll for 2016-2017**.
- If the youth is over 17 years old, a box will appear asking if you wish to enroll as a youth or an adult. If the youth is graduating from 4-H and wants to continue as an adult leader, then choose **Enroll as Adult**, otherwise select **Enroll as Youth**.
- You will now see the Personal Information that you entered when you first enrolled. **Look over the information and make any corrections.** If the youth was in 12th grade last year, you must select the grade for this year, either **Post High School Education** or **Not in School**. When you are done, click on **Continue**.
- Next is the Additional Information screen where you will need to accept the agreements and answer the Photo Release and Accommodations questions. Click **Continue** when done.
- The Health Form for members is optional at enrollment, but you could be asked to complete it in the future if you attend any events that require one. Click **Continue** when done.
- If you are an adult volunteer and see the Volunteer Screening page, then it has been 4 years since the last time a background check has been completed. You need to check over the answers to the questions and correct as needed. This page will only appear every 4 years. Click **Continue** when done.
- On the Participation -> Club screen, confirm the correct club is listed. If you serve in a volunteer role (but not as a project leader) click on **Edit** and select the volunteer type. Click on **Update** to save the change. Click on **Continue** when done.
- On the Participation -> Projects screen, confirm all the projects you are enrolled in are listed. Add any missing projects. If you are dropping a project, click on **Edit** for that project and then click on **Delete**. After making sure all your projects are listed correctly, click on **Submit Enrollment**.



PROJECT VS EXHIBIT

Many people in 4-H tend to use the words Project and Exhibit interchangeably. However, they are two VERY different things.

- A 4-H **project** is an area that you want to learn more about during the year. There are projects on just about any topic you would like to explore, from art to woodworking, from computers to rabbits, from clothing to small engines, from aerospace to horses. If you are interested in learning more about something, there is probably a 4-H project to help you!
- An **exhibit** is an item that you have made during your 4-H project learning that you take to the County Fair. You will receive feedback from a judge on your exhibit.

When you are enrolling in 4-H you are enrolling in a project, NOT selecting your fair exhibit.




ENROLLMENT THINGS TO REMEMBER

As you are completing enrollment process for the 2016-2017 4-H year, here are some things to remember;

- Cloverbuds should be enrolling in the Cloverbuds project only. Cloverbuds are not eligible to enroll in any other project areas.
- In the Sauk County 4-H Project Selection Guide you will see that most of the project areas are listed with three different levels. **These levels are based on the curriculum or project materials that are used to support learning in that project area. Youth in Sauk County will NOT enroll in Youth Leadership 1, or 2 or 3, they will just enroll in Youth Leadership.**

The 4-H program is set up to be a skill development program. Youth will enroll in a project area, they should spend 2-3 years working with that one project book per project area, until youth have mastered the skills from that area, as is reflected from completion of the curriculum for each unit for that project. They will then move onto using the next level of materials for the next 2-3 years. Again, the different levels listed in the Sauk County 4-H Project Selection Guide help youth understand what they will learn as they progress through learning in the project materials.

- Start your project records NOW. They will help you plan for your project work and set goals for the 2016-2017 4-H Year. Project records can be found on the Sauk County 4-H website.
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4-H PROJECT BOOKS

Once again in 2016-17 in Sauk County, each 4-H youth member is eligible to receive one project book per year. Club leaders have a Curriculum Selection Form. Each 4-H member is asked to select their top 3 project book choices and record them on the Curriculum Selection Form. **Curriculum Selection Forms are due to the Sauk County Extension office by December 1.** Every effort will be made to have youth receive their top priority project book. However, orders will be filled on a first come/first served basis.

After December 15, additional project books will be available in the Sauk County UWEX Office. Our inventory will be limited, but if you are interested in an additional project book, please check with us at the UWEX office first. Each project book costs around \$5.00.

Additional project books can also be ordered online at: www.4-Hmall.org, unless there is another ordering source listed by the materials. Please note that these materials are all protected with copy write and therefore cannot be photocopied. Remember that youth will use one project book for about 2-3 years. Each project book costs around \$5.00 + shipping.



4-H PROJECT UPDATES

As you are reviewing the Sauk County 4-H Project Selection Guide, you may notice some changes.

Added due to NEW Curriculum being available:

- Bees – Three levels with support from Purdue

Removed due to no Curriculum to support it:


- Adventures (suggest youth enroll in Backpacking and Hiking – covers same material)
- Houseplants (added to Flowers & Houseplants-due to combined curriculum)
- Plant Crafts
- Wildlife
- Winter Travel

Changed due to NEW Curriculum being available:

- Flowers changed to Flowers & Houseplants
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MILK MOOLA FROM KWIK TRIP – HELP RAISE MONEY FOR SAUK COUNTY 4-H

Many different products from Kwik Trip are eligible for the Milk Moola fundraiser used to support Sauk County 4-H. They include (subject to change): Whole Milk (Homogenized), 2% Reduced Fat Milk, 1% Low-fat Milk, Fat Free Skim Milk, Chocolate Flavored Milk, Strawberry Flavored Milk, Orange Juice, from 100% juice concentrate, Nature's Touch Drinking Water, Nature's Touch Egg Nog (Seasonal), Kwik Quencher® Iced Tea – Gallons, Kwik Quencher Lemonade – Gallons. Please drop off clean Milk Moola products at the Sauk County UW-Extension office.





4-H RECORD BOOKS

Everyone keeps records of one thing or another. As a 4-H member, you will need to keep track of what you have done and learned. **Completing a 4-H record book is the true completion of your project work, since it tracks your year from setting goals, to what you learned, to planning for the next year.** Completing records books also helps you to:

- ☘ Identify your leadership and project goals and set priorities.
- ☘ Establish good organizational and planning skills
- ☘ Develop responsibility in record keeping
- ☘ Explore careers and life goals
- ☘ Learn to compare and evaluate success or learn from your mistakes
- ☘ Tell a complete story of the projects you took, leadership positions you held and activities you participated in.

A Sauk County record book will include:

1. **Permanent Record:** Listing of projects and years enrolled, as well as officer roles.
2. **Information Page:** General information about you.
3. **Club Activity Summary Sheet:** Descriptions of each monthly meeting you attended.
4. **Sauk County 4-H Activity Summary:** Indicate your participation in the county activities with a checkmark, date and add comments about what you learned.
5. **District, State and National 4-H Activity Summary:** Indicate your participation in district, State and National 4-H events and activities with a checkmark, date and add comments about what you learned.
6. **Non 4-H Activities:** List your other community service or school activities.
7. **Take a Look Back:** Write down your thoughts and comments about your 4-H year. Ask your parents to share their comments as well as your general or project leader.
8. **Project Sheets:** There is ONE Project Record, to be used for ALL project areas. Use one project record per project. For example, if you are enrolled in sheep, poultry, gardening, and cooking, you would complete 4 project record sheets. Include information for each project you are enrolled in. This includes the name of the project, specific project goals, activities and events you participated in, and pictures or news clippings that show your participation for that particular project. Also include a short project story - the steps you took to reach your goals, and what you learned.

All forms are available at: <http://sauk.uwex.edu/> Click on the 4-H Youth Development tab, then scroll down to **4-H Record Books, Awards and Scholarship Applications tab.** Now is the **PERFECT** time to start working on your record books. It will help you start off your project year right with goal setting.



SAUK COUNTY 4-H UPDATES

The Senior Leaders Board is proud to introduce a document that has ALL Sauk County 4-H policies in ONE document. The document reflects National, Wisconsin and Sauk County 4-H policies. Some of the policies are highlighted here:

6. **Enrollment must be completed annually online by these deadlines:**
 - A. December 1 - Enrollment deadline for all re-enrolling members (see #7.)
 - B. March 1 - NEW members enrolling by this date MAY be a member in good standing. Therefore they may be eligible to participate in county wide events and contests such as Performance Arts Festival, Judging Teams and County Fair, and may be eligible to represent Sauk County at Regional and State 4-H events or contests. **Member in good standing status will also be dependent on club guidelines.**
 - C. After March 1 - New members may enroll but will NOT be a member in good standing. Therefore they will NOT be eligible to participate in county wide events and contests such as Performance Arts Festival, Judging Teams and County Fair, and will NOT be eligible to represent Sauk County at Regional and State 4-H events or contests.
7. Requests for late re-enrollments, and late member in good standing status must be made to the 4-H Senior Leaders Association in writing from the 4-H member and will be handled on a case-by-case basis.
9. All Sauk County 4-H members and a parent or guardian MUST agree to the Wisconsin 4-H Code of Conduct. Violations will be handled through the Sauk County 4-H Disciplinary Review Procedure.
10. Recommended for each club to have a Member in Good Standing Committee to review club members "In Good Standing" status.
11. No project changes are allowed after the enrollment deadlines: December 1st for re-enrolling members and March 1st for new members to exhibit at the county fair.
23. 4-H Clubs in Sauk County will hold a minimum of 6 business meetings per year.
32. 4-H member in Sauk County is required to attend a minimum of 3 Club Business Meetings.
 - a. Exceptions will be made with communication with the Club Leader for (but not limited to) severe illness, family emergencies, conflicts with college coursework, etc.
 - b. Documentation in addition to communication with the club leader may be required.
 - c. Alternate requirements may be negotiated to accommodate for exceptions. For example – an additional community service project, leading a project, etc.





GOAL SETTING AND PROJECT COMPLETION

4-H members should decide what they want to accomplish in the next year, or “set their project goals”. Use the 4-H project record found on the Sauk County 4-H Website to record goals for each project area, and overall 4-H goals.

Some things to think about as you set your goals:

- ☘ Clearly identify and write your goal.
- ☘ Set the deadline for achieving your goal and write the date down.
- ☘ Identify obstacles (persons or things) that you must overcome to successfully accomplish your goal.
- ☘ Who (people, groups, etc.) can help you successfully accomplish your goal.
- ☘ What do you need to learn to successfully accomplish your goal?
- ☘ How will you reach your goal? Steps to move you from where you are to where you want to be.
- ☘ Why do I want to accomplish this goal? List the benefits.

Make sure you also have **S.M.A.R.T.** goals. Goals should be: **S**pecific, **M**easurable, **A**ttainable, **R**ealistic and **T**imely. For example, “I would like to learn to cook a balanced meal for my entire family by Spring Break of 2015.” 4-H club members are recognized for setting and completing goals each year. **At a minimum to complete 4-H yearly requirements, it is recommended that 4-H member should:**



- ☘ Attend a majority of club or group meetings.
- ☘ Enroll in at least one project and finish it. This includes attending a majority of project meetings, working on project goals, and completion of a project record.
- ☘ Demonstrate a skill learned or knowledge gained by making a handmade item, exhibiting a project or project animal at a show or fair, or presenting a speech, report or demonstration in a group setting such as a club or project meeting.

4-H members are eligible to receive recognition for their project work when they complete their 4-H project record at the end of each year. Again, check with your club leader to discuss your club’s requirements for record books.



DO YOU SHOP AT PIERCE’S – HELP RAISE MONEY FOR SAUK COUNTY 4-H

If you shop at Pierce’s and have a rewards card, **Stop over at the Customer Service Desk and ask them to designate Charity #1089, Sauk County 4-H to your card.** Then each and every time you shop the Sauk County Senior Leaders will get a donation from Pierce’s. Donations are given based on the amount of money spent under that Charity #1089. A very simple way to support 4-H every time you are at the grocery store.



INTERNATIONAL 4-H IMMERSION PRESENTATION OPPORTUNITY FOR 4-H CLUB MEETINGS

Kip Nieuwenhuis had an opportunity of a life time this summer. He had the opportunity to travel with the Wisconsin 4-H International Exchange. Kip traveled to Korea. He is interested and willing to attend 4-H club meetings to present on his trip and share his experiences with your members. Please contact Kip at kip@nieusite.com to set him up to attend your next meeting.



GO GLOBAL WITH 4-H INTERNATIONAL IMMERSION PROGRAMS IN 2016

Interested in exploring all the world has to offer? If so, 4-H International programs are for you! Here is your chance to learn about the world by immersing yourself in daily life as a member of a family in a different country. By participating in a homestay instead of traveling as a tourist you’ll have the opportunity to learn about the country’s culture from an insider’s perspective, evolve as a global citizen, quickly adapt to new situations and ways of communication, and develop friendships and memories that will last a lifetime.

If you’re a 4-H youth 12 or older, you can apply to participate with other 4-H’ers from around the U.S. to live for a month next summer with either Costa Rica 4S, Norway or South Korea 4-H, or Japan Labo or LEX families. Japan also offers an optional additional month of intensive Japanese language training.


Wisconsin 4-H partners with States’ 4-H International Exchange Programs where advance preparation and safety are top priorities. All 4-H international delegations are accompanied by carefully selected and trained 4-H volunteer or staff Adult Advisors who support youth delegates to ensure that they have a positive experience.

Visit <http://wi4hinternational.org/> for additional information and an application. **Applications are due to the Wisconsin 4-H International Programs office December 1, 2016.** Questions? **Contact: wi4hinternational@gmail.com or call 608-262-2491 or 608-262-1557.**



NEW 4-H FAMILY WELCOME EVENT

This year, Sauk County 4-H will be hosting a **NEW 4-H Family Welcome Event on Saturday, December 3 from 3PM-5PM at the West Square Building in Baraboo.** This is event will have hands-on project stations for youth and adults to visit. There will also be a short welcome session held for the parents. Please mark your calendars now, and look for more information in upcoming newsletters.





NEW STATEWIDE BACKGROUND CHECK PROCESS

There is a NEW Statewide process for background checks for NEW volunteers. The State will now be processing background checks every two weeks. What you need to know as a NEW volunteer...

- Volunteers will receive an email to their personal email address (which may or may not be the same as the family email).
- The subject line of the email should read "Action needed in connection with your current volunteer status with University of Wisconsin Extension."
- **Volunteers will have 5 days (including Sunday) from when they receive the e-mail to complete the information on the GIS website.**
- The GIS website is secure and encrypted.
- Volunteer Approval – Counties will not be able to approve new volunteers until the background check is complete. They will show as "Pending at State Level" until the check is complete.
- Please check your e-mail often and to check their clutter/junk mail folder as well.
- **Batches of background checks will be run every two weeks.** Volunteer names will need to be received by 7:00 a.m. on the dates listed below to be included in that batch.
 - October 17
 - October 31
 - November 14
 - November 28
 - December 12
 - January 9
 - January 23



VOLUNTEER IN PREPARATION (VIP) TRAINING

All 4-H leaders (organizational, project, activity and resource leaders) are required to complete a one-time VIP session BEFORE working with youth. Anyone who enrolls online as a leader must complete VIP. A session will be held **Tuesday, November 29 from 6:30-9:00PM in the UWEX Conference Room of the West Square Building. Everyone must pre-register by emailing Meg at margaret.sage@ces.uwex.edu by noon on Wednesday, November 23.** There must be at least five people registered in order for this training to be held. VIP will be offered quarterly. **The next session will be held at Super Saturday on January 21.** Volunteers are not approved to work with youth until they have completed the VIP training.



CAMP! CAMP! CAMP!

CAMP COUNSELORS NEEDED FOR JUNIOR CAMP - JUNE 10-13

Upham Woods is looking for Youth Counselors ages 14 and up to help facilitate the OPEN Camp on June 10-13. If you are interested in serving as a camp counselor, please visit the Upham Woods website for more information. <http://fyi.uwex.edu/uphamwoods/programs/open-enrollment-summer-camp-and-outpost-trip/> Camp is a great experience for older 4-H members to use their leadership skills, meet new people, and have fun planning and leading at camp.

- 4-H members ages 14 and up are encouraged to apply to serve as a camp counselor.
- **All potential counselors are required to attend a camp counselor training and interview process on April 22-23.**
- **Camp will be held June 10-13 at Upham Woods in Wisconsin Dells.**



Junior Camp (For youth currently in 3rd –5th Grades)

Explore different aspects of 4-H and the outdoors. This camp will include swimming, canoeing, hiking, camp fires, songs, games, and more. Junior Camp will sleep in cabins with other campers their age and be led by 4-H youth counselors and adult staff. Between Columbia, Jefferson and Sauk Counties we do not have enough Counselors or Adults to run a full Junior Camp. **So instead, Upham Woods will be running an OPEN 4-H Junior Camp on June 10-13.** Columbia, Jefferson and Sauk Counties are encouraging all of our youth to attend camp this week.



COMMUNITY SERVICE CORNER

Community service is an important part of the 4-H program. Research tells us 4-H Youth are 3-4 times more likely to contribute to their communities compared to youth in other out-of-school programs (4-H Study of Positive Youth Development). Every month we will include Community Service ideas in the newsletter. This month we will focus on things you can do for seniors:

1. Adopt a "grandfriend"
2. Rake leaves, shovel snow, clean gutter or wash windows for a senior citizen.
3. During bad weather, visit seniors to make sure they have everything they need.
4. Pick up the morning paper for a senior neighbor on your way to school.
5. Write your "grandfriend" a letter, or write letters for an elderly person.





ANIMAL PROJECT UPDATES

ANIMAL SCIENCE COMMITTEE MEETING

The 4-H Animal Science Committee is open to any youth or adults who are interested in helping develop, plan, and deliver animal science educational activities, events and meetings. **The Animal Science Committee will NORMALLY meet on the 2nd Thursday of each month. However, the first meeting will be on the FIRST Thursday in October on the 6th at 7PM.** Please mark your calendars for the following upcoming meeting dates: **November 10, December 8, January 12, February 9, March 9, April 13 and May 11.** These meeting will be held as needed, and information will follow in upcoming newsletters.

LOOKING FOR ADULT LEADERS

Youth in Sauk County have expressed interest in participating in several team events related to animal science. Preparing for one of these events takes time, and an adult or two or three who are willing to lead. We are looking for some adult leaders who would be willing to help youth practice and prepare for these events.

- Meats Judging - is a contest which tests the knowledge of youth in placement of carcass and retail cut classes, carcass grading, retail cut identification and a quiz. **State contest is typically held on a Saturday, close to Valentine's Day.**
- Skillathon - contest is made up of a written quiz and learning stations such as breed identification, feed identification, equipment identification as well as some team activities such as demonstrating evaluation skills. **State contest is typically held on the first Saturday in March.**
- Quizbowl - is a quiz competition where all the questions are about beef, sheep, swine, and meat goat topics and students use a buzzer in order to answer the questions. Teams compete in a double elimination format by giving oral answers to questions posed by a moderator. **State contest is typically held on the first Saturday in March.**

For more information on Meats Judging check: <http://fyi.uwex.edu/youthlivestock/programs/4hmeatscontest/> For more information about Skillathon and Quizbowls check: <http://fyi.uwex.edu/youthlivestock/programs/quizbowlskillathon/>

Adults who are interested in helping with any of the above teams, please contact Meg at margaret.sage@ces.uwex.edu.

DOG PROJECT INFORMATION

The Dog Project leaders would like to share a wonderful website full of helpful dog related materials: <http://fyi.uwex.edu/wi4haganimalscience/dog/>.

A group of 4-H volunteers have put together a workshop on **November 18 – 20 in Oshkosh for Dog Project Judges and Leaders.** The cost of the training in \$15 or \$25 if you bring a dog. To registers, visit <http://fyi.uwex.edu/wi4haganimalscience/state-4-h-dog-project-leaders-workshop/>.

For more information, please contact Pam Hobson at pamela.hobson@ces.uwex.edu



HORSE AND PONY PROJECT

Monthly Horse and Pony Project Meetings are held the first Thursday of each month at 7PM in the West Square Building in Baraboo. **The next Horse Project Meeting will be on Thursday, October 6.** Every month your goal is to bring a folder, paper, and a pencil/pen to the meeting.

Some additional Dates to remember:

- **October 8** – Sauk County Horse Project Fall Tack Sale – 9AM-3PM, More Information and vendor information can be found at: <http://sauk.uwex.edu/sauk-county-4-h/4-h-events-and-contests/>
- **October 14-** Registration deadline for the Wisconsin 4-H Horse Leader Conference
- **November 3-** Project Meeting, 7pm, West Square Building
- **November 11-13-** 2016 WI 4-H Horse Leader Conference @ UW-River Falls

Pop Quiz: It takes 48-72 hours for food to travel through your horse's digestive system. Which organ does ingested food pass through fastest?

- a. The stomach
- b. The small intestine
- c. The cecum
- d. The large intestine

Answer: The stomach. The food your horse swallows remains in the stomach for only 15 minutes before passing on into the small intestine.



4-H Grows Here

SAUK COUNTY 4-H CALENDAR OF EVENTS

OCTOBER

- 1 - Beginning of the 2016-2017 4-H Year
- 2-8 - National 4-H Week
- 6 - Horse and Pony Project Meeting, 7PM, WSB B24
- 6 - Animal Science Committee Meeting, 7PM, WSB
- 9 - 4-H Bowling Tournament, 12:30 Registration, 1PM Start, Thunderbird Bowling Alley, Baraboo – Event sponsored by Junior Leader Council.
- 18 - Trip Scholarship Interview night, WSB
- 15 - Items due to Meg for inclusion in the November Newsletter
- 20 - Junior Leader Council Meeting, 6:00PM, WSB B24
- 21 - Contact Meg by, if interested in serving on Senior Leaders Association
- 25 - Senior Leader Meeting, 6:30 PM, WSB-UWEX Conf.
- 27 - Junior Fair Committee Meeting, 7PM, WSB B30

NOVEMBER

- 2 - RSVP deadline for 4-H Awards Banquet
- 2 - Super Saturday Session Proposals due to UWEX office
- 3 - Horse and Pony Project Meeting, 7PM, WSB B24
- 4-6 Wisconsin Fall Forum, Green Lake, WI
- 10 - Animal Science Committee Meeting, 7PM, WSB
- 13 - Awards Banquet, 4PM, Baraboo
- 15 - Items due to Meg for inclusion in the December Newsletter
- 17 - Junior Leader Council Meeting, 6:30PM, WSB B24
- 17 - Junior Fair Committee Meeting, 7PM, WSB B30
- 22 - Senior Leader Meeting, 6:30 PM, WSB-UWEX Conf.
- 24-25 - Extension Office Closed for Thanksgiving Holiday
- 29 - VIP Training, 6:30 PM, WSB UWEX Conf. Room

DECEMBER

- 1 - Enrollment for the 4-H year must be complete.**
- 1 - Horse and Pony Project Meeting, 7PM, WSB B24
- 1 - Global 4-H Immersion applications due to State 4-H Office in Madison
- 3 - New Family Welcome Event, 3PM-5PM, WSB
- 8 - Animal Science Committee, 7PM, WSB UWEX Conf.
- 20 - Senior Leader Meeting, 6:30 PM, WSB UWEX Conference Room
- 22 - Junior Fair Committee, 7PM WSB B30

JANUARY 2017

- 4 - Super Saturday Registration forms due to UWEX
- 5 - Horse and Pony Project Meeting, 7PM, WSB B24
- 12 - Animal Science Committee, 7PM, WSB UWEX Conference Room
- 19 - Junior Leader Council Meeting, 6:30PM, WSB B24
- 20 - Tractor Safety Registration deadline, WSB UWEX
- 21 - Super Saturday, 8:30 registration, Baraboo HS
- 24 - Senior Leader Meeting, 6:30 PM, WSB UWEX Conference Room
- 26 - Junior Fair Committee Meeting, 7PM, WSB B30

FEBRUARY 2017

- 2 - Horse and Pony Project Meeting, 7PM, WSB B24
- 4 - Beef Weigh-in, 9AM-noon, Progress Hall
- 7 - Tractor Safety Class, 4:30PM-8:30PM, St. Peters Lutheran Church, 325 Mill Street, Loganville, WI
- 9 - Animal Science Committee, 7PM, WSB UWEX Conference Room
- 14 - Tractor Safety Class, 4:30PM-8:30PM, St. Peters Lutheran Church, 325 Mill Street, Loganville, WI
- 16 - Junior Leader Council Meeting, 6:30PM, WSB B24
- 21 - Tractor Safety Class, 4:30PM-8:30PM, St. Peters Lutheran Church, 325 Mill Street, Loganville, WI
- 21 - Senior Leader Meeting – 6:30 PM, WSB UWEX Conference Room
- 23 - Junior Fair Committee, 7PM, WSB B30
- 28 - Tractor Safety Class, 4:30PM-8:30PM, St. Peters Lutheran Church, 325 Mill Street, Loganville, WI

MARCH

- 2 - Horse and Pony Project Meeting, 7PM, WSB B24
- 7 - Tractor Safety Class, 4:30PM-8:30PM, St. Peters Lutheran Church, 325 Mill Street, Loganville, WI
- 9 - Animal Science Committee, 7PM, WSB UWEX Conference Room
- 14 - Tractor Safety Class, 4:30PM-8:30PM, St. Peters Lutheran Church, 325 Mill Street, Loganville, WI
- 16 - Junior Leader Council Meeting, 6:30PM, WSB B24
- 18 - Tractor Safety Driving Test, Loganville, WI
- 21 - Senior Leader Meeting, 6:30, WSB UWEX Conference Room
- 23 - Junior Fair Committee, 7PM, WSB B30
- 24-30 - National 4-H Conference, Chevy Chase, MD
- 30 - Club Leader Meeting – Pass out Calendars, 6:30 PM, WSB UWEX Conference Room

University of Wisconsin-Extension in Sauk County

West Square Building (WSB)
505 Broadway
Baraboo, WI 53913

Phone: (608) 355-3251
Fax: (608) 355-3550
711 for Wisconsin Relay

Judy Gurgel - Sauk County Ext Administrative Support
jgurgel@co.sauk.wi.us

Meg Sage - 4-H Youth Development Agent
margaret.sage@ces.uwex.edu

- No state funding was used in the publication of this newsletter. Financial support provided by the Sauk County 4-H Senior Leaders Association.
- An EEO/Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Further, Cooperative Extension cannot assist, participate with or partner with organizations that discriminate.
- Please advise us at least two weeks before a 4-H event if you desire special accommodations. Requests will be kept confidential.

2017 Super Saturday Presenter Form

Saturday, January 21 from 8:30 AM – 2:00 PM at Baraboo High School

Super Saturday is a day of fun hands-on education for 4-H members, families and volunteers. There will be multiple educational sessions, with each being an hour long and participants will have the opportunity to select 4 sessions total. The goal is of each sessions is to be fun, hands-on, educational, and tie to a 4-H project area, event, or activity.

Please fill out one form for EACH session that you would like to present.
Please complete so we can provide accurate information and description of your session.

PRESENTER INFORMATION

Your Name (First & Last)

Second Presenter (First & Last)

Address for main point of contact:

Cell Phone # for main point of contact:

E-mail for main point of contact:

SESSION INFORMATION

Session Title:

Session Description (15 words or less, which will appear as the program information):

The target audience for this session is (please mark one):

Clover Kids (K-2 grade) Youth Only Volunteers Only Everyone (Youth & Volunteers)

Maximum Number of participants:

Are you willing to teach this session twice:

We encourage the use of handouts or take homes for participants, providing information or resources available for them to duplicate the information learned during the session at home.

Room Set-up: All rooms have different room set-up and desks or chair and table combinations. We **MAY** have the liberty to rearrange the rooms for our event, with the expectation that they will be put back in the order we found them. **Please check any of the special accommodations you MUST have below.**

Access to a Sink

Flat tables

Near a restroom

Near an outside door

Other (please describe) _____

Each session is scheduled to be one hour in length. Sessions can be accommodated to last two hours, if requested.

My session will be one hour

My session will be two hours in length

Each classroom will have the following items available for the presentation use: white board or chalk board

Please list any additional AV or computer equipment you need (availability limited): _____

Each presentation has the option of claiming a \$25 honorarium **per session** being taught to help cover material costs or travel. Would you like to receive this honorarium? YES NO

If checked yes above, who should the check be made payable to: _____

Checks will be mailed to presenters after the Super Saturday.

In addition each presenter will be offered lunch.

Will you be staying for lunch? YES NO How many if more than one presenter? NO

Please contact Meg Sage, 4-H Youth Development Agent, at 608-355-3255 or by email at margaret.sage@ces.uwex.edu with any questions. Please return this form by email to Meg or by mail to:

University of Wisconsin Extension - 4-H Super Saturday, 505 Broadway, Baraboo, WI 53913

THANK YOU for your time & support on making the Sauk County 4-H Super Saturday a success!

PLEASE RETURN BY NOVEMBER 2, 2016



Sauk County Extension
West Square Building
505 Broadway
Baraboo, WI 53913



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CHANGE SERVICE REQUESTED

YOU CAN ALSO VIEW YOUR MONTHLY 4-H NEWSLETTERS ONLINE AT: <http://sauk.uwex.edu/>