



# Taylor County 4-H Record Book



## 4-H Record Book Grades 3-13

The 4-H Record Book is a summary of what you have done for the year. The goal of 4-H is to build life skills of the youth members. Goal setting and reflection are tools that help youth learn. Taylor County 4-H Record books are due at the UW-Extension Office (925 Donald St. Room 103, Medford, WI, 54451) by 4:30 p.m. on the second Monday in September.

*Being involved is a great way to get the most out of your 4-H experience. Below are some ways you can get involved this year in 4-H, make sure to keep track in your record book of what you did.*

### Club Opportunities

- Club Officer (President, Vice-President, Secretary, Treasurer, etc.)
- Community Service
- 4-H Projects

### County-wide Opportunities

- 4-H Summer Camp
- 4-H Summer Camp Counselor (9<sup>th</sup> grade and above)
- Cultural Arts Festival
- Fair Exhibitor
- Federation Leaders Board representative
- Project Meeting (see 4-H newsletter for county-wide projects)
- Youth Leadership Organization (6<sup>th</sup> grade and above)

### State-Wide Opportunities

- Art Beat
- Art Lab
- Fall Forum
- International Exchange
- Wisconsin 4-H and Youth Conference
- Wisconsin Leadership Council
- Wisconsin State Fair

### National Opportunities

- American Spirit East Trip
- Citizenship Washington Focus
- Leadership Washington Focus
- National 4-H Congress
- National 4-H Conference
- Space Camp

Visit the Taylor County 4-H Website at <http://taylor.uwex.edu/>, read the Taylor County 4-H Newsletter, and/or contact the UW-Extension office at 715-748-3327 to learn more about how to become involved in local opportunities. Look for information in the Taylor County 4-H Newsletter and visit <http://4h.uwex.edu/> to learn more about state and national opportunities.



# Taylor County 4-H Record Book



## 4-H Life Skills Goal Setting

There are many life skills that you can gain through being in 4-H. Which life skill would you like to learn and practice this year? Will it be **teamwork?** **Stress Management?** **Leadership?**

My life skill goal for this year is \_\_\_\_\_.

**Head:**

*Managing:*

- Resiliency
- Keeping records
- Wise use of resources
- Programming/  
Organizing
- Goal setting

*Thinking:*

- Service learning
- Critical thinking
- Problem solving
- Decision making

**Heart:**

*Caring:*

- Nurturing relationships
- Sharing
- Empathy
- Concern for others

*Relating:*

- Accepting differences
- Conflict resolution
- Social skills
- Cooperation
- Communication

**Hands:**

*Giving:*

- Community service/  
volunteering
- Leadership
- Responsible citizenship
- Contributions to group  
effort

*Working:*

- Marketable skills
- Teamwork
- Self-motivation

**Health:**

*Living:*

- Personal safety
- Disease prevention
- Stress management
- Healthy lifestyle choices

*Being:*

- Self esteem
- Self-responsibility
- Character
- Managing feelings
- Self-discipline

The ways I will work towards gaining this life skill by the end of the 4-H year will be:

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# Taylor County 4-H Record Book



## Project Seals (grades 3-8) (See page 4 for grades 9-13)

Project award seals are based on project work for the current year only. Members may receive project award seals for any project that they have done during the year, providing they have fully completed their record book. To be awarded project seals, you must complete a **project summary page** for each project you are applying to receive a seal in. Members are eligible for seals regardless if they have previously received a seal for the project.

**To be completed by Member:**

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Date Submitted \_\_\_\_\_ Grade as of January 1, this year \_\_\_\_\_

Place an "X" by the projects you are applying for:

- |  |   |
|--|---|
| <input type="checkbox"/> Achievement                         | <input type="checkbox"/> Horses                   |
| <input type="checkbox"/> Aerospace                           | <input type="checkbox"/> Knitting                 |
| <input type="checkbox"/> Agriculture                         | <input type="checkbox"/> Leathercraft             |
| <input type="checkbox"/> Arts and Crafts                     | <input type="checkbox"/> Llama                    |
| <input type="checkbox"/> Beef                                | <input type="checkbox"/> Naturespace              |
| <input type="checkbox"/> Bicycle                             | <input type="checkbox"/> Natural Resources        |
| <input type="checkbox"/> Cats                                | <input type="checkbox"/> Pets                     |
| <input type="checkbox"/> Child Development                   | <input type="checkbox"/> Performing Arts          |
| <input type="checkbox"/> Citizenship                         | <input type="checkbox"/> Photography              |
| <input type="checkbox"/> Clothing /Horse Clothing            | <input type="checkbox"/> Plant Craft              |
| <input type="checkbox"/> Communication Arts                  | <input type="checkbox"/> Poultry                  |
| <input type="checkbox"/> Computer Science                    | <input type="checkbox"/> Public Speaking          |
| <input type="checkbox"/> Crocheting                          | <input type="checkbox"/> Rabbits                  |
| <input type="checkbox"/> Dairy                               | <input type="checkbox"/> Robotics                 |
| <input type="checkbox"/> Dogs                                | <input type="checkbox"/> Self-Determined          |
| <input type="checkbox"/> Electricity                         | <input type="checkbox"/> Sheep                    |
| <input type="checkbox"/> Engines, Tractors & Field Equipment | <input type="checkbox"/> Shooting Sports          |
| <input type="checkbox"/> Entomology                          | <input type="checkbox"/> Small Animals            |
| <input type="checkbox"/> Field Crops                         | <input type="checkbox"/> Swine                    |
| <input type="checkbox"/> Flowers / House Plants              | <input type="checkbox"/> Veterinary Science       |
| <input type="checkbox"/> Food Science/Food Preservation      | <input type="checkbox"/> Visual Arts              |
| <input type="checkbox"/> Foods & Nutrition                   | <input type="checkbox"/> Waterfowl                |
| <input type="checkbox"/> Gardening / Horticulture            | <input type="checkbox"/> Wildlife and Fisheries   |
| <input type="checkbox"/> Goats                               | <input type="checkbox"/> Woodworking/Wood Science |
| <input type="checkbox"/> Health                              | <input type="checkbox"/> Youth Leadership         |
| <input type="checkbox"/> Home Environment                    | <input type="checkbox"/> Other, please specify    |

**To be completed by Leader:** To be completed by a 4-H leader of your choice (**other than a parent**). Members must request leader's comments no later than the first Monday in September. Leaders may comment before record books are turned in or come into the UW-Extension office after record books are turned in to comment up until the second Friday in September.

**Leader's Comments:**



# Taylor County 4-H Record Book



## Project Pins (grades 9-13)

(See page 3 for grades 3-8)

Project award pins are based on project work for the current year only. Members may receive project award pins for any project that they have done during the year, providing they have fully completed their record book. To be awarded project pins, you must complete a **project summary page** for each project you are applying to receive a pin in. Members are eligible for pins regardless if they have previously received a pin for the project.

### To be completed by Member:

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Date Submitted \_\_\_\_\_ Grade as of January 1, this year \_\_\_\_\_

Place an "X" by the projects you are applying for (*not all projects have pins available*):

- |  |   |
|--|---|
| <input type="checkbox"/> Achievement                         | <input type="checkbox"/> Healthy Living                   |
| <input type="checkbox"/> Aerospace                           | <input type="checkbox"/> Home Environment                 |
| <input type="checkbox"/> Agriculture                         | <input type="checkbox"/> Horses                           |
| <input type="checkbox"/> Arts and Crafts                     | <input type="checkbox"/> Llama                            |
| <input type="checkbox"/> Beef                                | <input type="checkbox"/> Outdoor Education and Recreation |
| <input type="checkbox"/> Bicycle                             | <input type="checkbox"/> Pets                             |
| <input type="checkbox"/> Biological Science                  | <input type="checkbox"/> Performing Arts                  |
| <input type="checkbox"/> Cats                                | <input type="checkbox"/> Photography                      |
| <input type="checkbox"/> Child Development                   | <input type="checkbox"/> Poultry                          |
| <input type="checkbox"/> Citizenship                         | <input type="checkbox"/> Public Speaking                  |
| <input type="checkbox"/> Clothing / Horse Clothing           | <input type="checkbox"/> Rabbits                          |
| <input type="checkbox"/> Communication Arts                  | <input type="checkbox"/> Robotics                         |
| <input type="checkbox"/> Computer Science                    | <input type="checkbox"/> Sheep                            |
| <input type="checkbox"/> Dairy                               | <input type="checkbox"/> Shooting Sports                  |
| <input type="checkbox"/> Dogs                                | <input type="checkbox"/> Swine                            |
| <input type="checkbox"/> Electricity                         | <input type="checkbox"/> Veterinary Science               |
| <input type="checkbox"/> Engines, Tractors & Field Equipment | <input type="checkbox"/> Visual Arts                      |
| <input type="checkbox"/> Entomology                          | <input type="checkbox"/> Waterfowl                        |
| <input type="checkbox"/> Food Science (Food Preservation)    | <input type="checkbox"/> Wildlife and Fisheries           |
| <input type="checkbox"/> Foods & Nutrition                   | <input type="checkbox"/> Wood Science                     |
| <input type="checkbox"/> Gardening / Horticulture            | <input type="checkbox"/> Leadership                       |
| <input type="checkbox"/> Goats                               |   |

**To be completed by Leader:** To be completed by a 4-H leader of your choice (**other than a parent**). Members must request leader's comments no later than the first Monday in September. Leaders may comment before record books are turned in or come into the UW-Extension office after record books are turned in to comment up until the second Friday in September.

### Leader's Comments:



## Taylor County 4-H Record Book



### Telling My 4-H Story (Reflection)

Keeping in mind the knowledge and life skills you said you wanted to learn, write a story **on the next page** that explains what you gained this past year in 4-H. It must be in the format of a story, if you prefer you may type your story. Use specific examples that are unique to you whenever possible. Feel free to relate what you learned in 4-H to school, family, or other activities in your life. Use extra pages if needed. Attach photos or clippings on additional pages of this book if it helps tell your story better. Don't forget to label them with captions.

*Your story should include responses to at least three of the following topics:*

- What you learned through your 4-H experiences.
- What life skills you and your club practiced and how the skills have helped you improve you as a person and citizen.
- How your 4-H experiences helped you to be a better person.
- How 4-H impacted your life this year.
- What you shared and/or how you shared your 4-H experience with others.
- What you liked best about your 4-H experience.



Taylor County 4-H Record Book



**Telling My 4-H Story (Reflection)**



# Taylor County 4-H Record Book



## 4-H Activities

Please list the 4-H activities that you were involved with this past year and what your role was, e.g. 4-H trip participant, dog project youth leader, etc. Check whether it was a club, county, state or national 4-H activity.

Activity/your role in the activity	Club	County	State	National
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____



# Taylor County 4-H Record Book



## Community/School Activities

Please list the community or school activities that you were involved with this past year outside of 4-H and what your role was during the activity, e.g. athlete, community service activities, band member, etc.

**Activity/your role in the activity**

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# Taylor County 4-H Record Book



## 4-H Project Summary

*Project summary pages must be completed for **each** project in which members wish to receive a project seal or pin for. Extra project summary pages may be requested from the UW-Extension office.*

Project:

Year in Project:

Project Income:

Project Expense:

What I hope to accomplish with this project?

Did you exhibit at a fair with this project through 4-H?  Yes  No

Did you present at a club or countywide 4-H event to share your project with other 4-H members? e.g. (club meeting, Cultural Arts Festival, teaching at a 4-H Project Meeting, etc.)  Yes  No.

If yes, list event and how you shared about your project(s):

What skills did you learn with this project?

What did you find difficult with this project?

What could you improve with this project?



# Taylor County 4-H Record Book



## 4-H Project Summary

### EXPENSES

WHAT YOU PURCHASED	\$ SPENT
<b>TOTAL</b>	

### INCOME

DESCRIPTION OF YOUR INCOME (PREMIUMS, SALES, AWARDS, ETC.)	\$ EARNED
<b>TOTAL</b>	

### TIME SPENT

APPROXIMATE TIME SPENT WORKING ON PROJECTS	# HOURS
<b>TOTAL HOURS</b>	



# Taylor County 4-H Record Book



## Record Book Evaluation *For Office Use Only*

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Year in 4-H \_\_\_\_\_

	Possible Points	Points Given
Green cover complete	5	_____
Neatness	5	_____
Following record book directions/having book in order	10	_____
Life skills/goal setting	5	_____
Leaders comments	5	_____
4-H story/reflection	25	_____
<ul style="list-style-type: none"> <li>• Reflection in the correct format (told as a story)</li> <li>• Addressed at least three suggested topics</li> <li>• Content of reflection</li> </ul>		
4-H club activities	Club 15	_____
	County 5	_____
Community/school activities	5	_____
Project summaries		
All questions are answered	10	_____
Project financial records are complete	5	_____
<b>Extra points</b> possible for project literature included	(5)	_____
Record book reflects own work/completed by member	5	_____
	<b>TOTAL</b>	_____

Evaluator's comments:

Circle: <b>Gold</b> 85-100 points	<b>Silver</b> 60-84 points	<b>Bronze</b> 59 and points or less
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