

4-H Parent

Purpose: Provide support to your child in 4-H.

Responsibilities:

1. Help your child enroll in the 4-H club.
2. Help your child select one or more 4-H projects to participate in.
3. Make sure your child attends the 4-H club meetings. Post and help your child use the club calendar. Provide or arrange transportation.
4. Help your child to complete any 4-H responsibilities he or she volunteered for, been elected to or selected for.
5. Help with at least one 4-H club **activity** during the 4-H year. Volunteer don't wait to be asked.
6. Support your child's 4-H project work.
 - a. Make sure your child attends project meetings. (Find out when they are and help your child remember.) Help them gather any materials they will need and provide or arrange for transportation.
 - b. Go over your child's project materials with them. Help them complete any at home activities.
 - c. Help your child complete one or more articles for exhibit and make sure he/she can exhibit them at the County Fair. Provide transportation and encouragement.
 - d. Help your child complete and turn in on time, 4-H project record book. (Optional)



Assistance Available:

- | | |
|-----------------------------------|----------------------------------|
| 1. 4-H Club Organizational Leader | 4. 4-H Project Materials |
| 2. 4-H Project Leader | 5. 4-H Project Record Books |
| 3. Experienced 4-H Parents | 6. Extension Office (4-H Office) |

Time Commitment:

One 4-H year (Oct-Sept.). 1.5 hours/month for club meetings. 1 hour/week during project work.

Benefits:

Helping your child learn and grow, share experiences with your child, improved relationship with your child, making a contribution to youth in your community and many other benefits to the community, sense of accomplishment.

Qualifications:

- Interest in youth
- Commitment to the 4-H member
- Able to take time to focus in the development of youth
- Ability to help without doing for, to let the member do his or her own work.

Adapted From: Colorado State University, U.S. Department of Agriculture

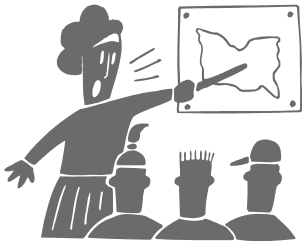
4-H Project Leader

Purpose: Provide leadership/teaching in a specific subject area to a small group of 4-Hers.

Responsibilities:

1. Organize the project group.
2. Communicate with members and their Parents.
3. Arrange for and schedule the project meeting with the project members input.
4. Conduct/teach project meetings (four to six is usually the minimum).
 - a. Become familiar with purpose of 4-H and the 4-H project.
 - b. Use the 4-H project materials.
 - c. Use hands-on teaching activities.
 - d. Use your own knowledge and community resources.
5. Help 4-Hers prepare exhibit(s) for the County Fair.
6. Help the 4-Hers complete their project record book. (Optional for members)
7. Attend overall club meetings. (Occasionally)

Training and Assistance:



1. 4-H club organizational leader.
2. Volunteer Orientation. (Youth Protection)
3. 4-H project manuals, record books and leaders guides.
4. Other project leaders in your subject area.
5. County Wide leaders meetings.
6. State training sessions.
7. Extension Office.

Time Commitment:

One 4-H year. (October – September) Project meetings, at a time, place and frequency to be determined by you and the 4-Hers. Average time per meeting is an hour to an hour and a half and preparation time (About the same amount as meeting time).

Benefits:

- ☞ Opportunity to help youth and the community
- ☞ Opportunity to learn more about the project subject
- ☞ Get to know and interact positively with young people
- ☞ Opportunity to contribute to the future of the community and its youth.
- ☞ Sense of accomplishment and satisfaction.

Qualifications:

- ✓ Interested in helping youth.
- ✓ Interested in 4-H educational programs.
- ✓ Knowledge in or willingness to learn about subject matter to be lead (taught).
- ✓ Ability to organize and coordinate.
- ✓ Ability to communicate with youth and adults.