



4-H CAMP NEWS



SUMMER 2017

Dear 4-H Camp Families:

We are excited that your 4-H campers will be joining us "Out at the Farm" during 4-H Camp week at Upham Woods Outdoor



Learning Center from June 21 – June 24. This newsletter includes important details about camp. If you still have questions once you've read it through, call us! We'll do what we can to get you answers and put your mind at ease.

4-H Camp '17 is sponsored by UW-Extension Walworth County and your Walworth County Junior and Senior Leaders' Associations. Camp is conducted in cooperation with the professional staff at Upham Woods.

Your 4-H Camp Leadership:

Debbie Burkman

4-H Youth Development Educator

Chelsea Dertz

4-H Youth Development Coordinator

Katelyn Gonzalez

4-H Camp Junior Director

CHECK-IN PROCEDURES

Camper check-in will occur in the Park Stage Area (across from Machinery Row) at the Walworth County Fairgrounds on Wednesday,

June 21. Check-in will open at 11 a.m. and continue until 11:25 a.m. During check-in, you will...

- Turn in any of the following forms if you haven't submitted them already...
 - *Assumption of Risk*
 - *Youth Expectation Agreement*
 - *4-H Camp Health Form*
 - *4-H Camp Photo Release Form*
- Complete a medical form update card.
- Designate who will be picking the campers in your family up at the end of camp week and submit that person's phone number.
- Turn in any medications that you have to the camp nurse.
- Turn in your snack donation item.

When you've completed the check-in process, campers will meet with their cabins to color-code



their belongings and board a bus to Upham Woods. Buses will leave the fairgrounds parking lot between 11:45 a.m. and noon.

FAST TRACK CHECK-IN

Many families plan to complete their camp forms in entirety by the June 12th cut-off for Fast Track Check-in. If your family is among them, you will receive an email ticket for the Fast Track Line on or before June 15. Please bring it to check-in with you. Any families that do not complete their camp forms by June 12 will be required to step through the regular check-in line this year.

SACK LUNCH NEEDED

Campers will need a sack lunch and beverage to eat on the bus ride to camp. Please bring this to check-in with you, and be sure to keep it separate from the luggage.



BRINGING MEDICATIONS?



If campers are bringing any medications to camp with them, please be aware that they must be turned in directly to our camp nurse during check-in. They must also be in original packaging.

Please seal medications in zip-style bags with the camper's **full name** clearly written on the outside in permanent marker. If the medication requires refrigeration, please write this on the bag, as well. If you have multiple medications for one camper and some require refrigeration, while others do not; please pack two bags to keep them separate. Please put a brief note of explanation inside each bag confirming what conditions the medicines have been prescribed for.

Our camp nurse will have basic medications and ointments available at the nurse's station for campers that need them. This includes anti-itch lotion, Tylenol (acetaminophen), an antihistamine, Ibuprofen, etc. Please do not send such medications to camp with your child. Of course, these types of remedies will only be used with parent permission. Parents must check the consent on the *Camp Health Form* in order for campers to receive these medications.

NO PHONES



Campers will not be allowed to call home or accept calls from home unless there is an emergency.

Campers are absolutely prohibited from bringing cell phones to camp with them. Phone communication with home increases the risk of homesickness both for campers making

the calls and campers watching calls be made. If cell phones are discovered, they will be confiscated and returned at check-out. This is an Upham Woods policy.

NO ELECTRONICS

Campers are not permitted to bring I-Pods, MP3 players, hand-held gaming devices, Kindles, digital cameras, or other electronics to camp with them. These items are a risk in terms of getting lost or stolen. They also tend to cause exclusionary behavior. Cabin counselors will be providing music and entertainment for their campers.



SNACK POTLUCK

Each family is asked to bring a snack item to share. Snack items will be collected at check-in. (Absolutely no food or candy is allowed in camper cabins. It tends to attract unwanted 4, 6, and 8-legged visitors.)

In an effort to offer healthy snacking options during our potlucks, we are asking that families bring items from specific groups of foods. Please refer to the chart below.

Last Names Starting With...	Food Category
A-FL	1 large bag of plain popcorn, cheese-flavored popcorn, or pretzels (No spicy cheese-flavored popcorn, please.)
FO-LOI	1 box of crackers, cookies, cereal bars, or fruit snacks
LU-Z	Fruit (Watermelon, cantaloupe, bananas, strawberries, oranges, apples, or grapes)

WHAT DO CAMPERS NEED TO BRING TO CAMP?

Limit belongings to one suitcase or duffel bag and one sleeping bag or sheets/blanket combo. It is a long hike up the hill to the cabins.



ITEMS NEEDED:

- ✓ Sleeping bag OR sheets and blanket
- ✓ Pillow
- ✓ Towels (for bathing and swimming)
- ✓ Sweater or Sweatshirt
- ✓ Both long and short-sleeved shirts
- ✓ Shorts and long pants
- ✓ Sandals or Crocs for showering and swimming
- ✓ 2 pairs of closed-toe shoes or hiking boots
- ✓ Old clothes, extra shoes (that can get wet)
- ✓ Underwear and socks
- ✓ Pajamas and swimsuit
- ✓ Rain gear
- ✓ Medications and toiletries
- ✓ Snack Potluck Contribution (see chart)
- ✓ One refillable water bottle (labeled)
- ✓ One white 100% cotton t-shirt to tie-dye.

As part of our "Out at the Farm" theme, campers are encouraged to wear clothing or accessories that fit their cabin names. Refer to the personalized sheet included with your newsletter for details about your cabin number, cabin name, and counselors.

Bug repellent and sunscreen (SPF 50) will be provided for each cabin. However, campers are welcome to bring their own from home, too. Pump spray bug repellent is preferred over the aerosol cans because it has less risk of getting into nearby campers' eyes, etc.

OPTIONAL ITEMS:

- ✓ Paper, pencils, envelopes, stamps

- ✓ Addresses of friends and family
- ✓ A disposable camera and film
- ✓ Quiet activities (cards, books, etc.)

LABEL ALL ITEMS WITH YOUR FULL NAME!

DO NOT BRING:

Cell phones, I-pods, electronic devices, digital cameras, beloved jewelry, personal snacks, fans, radios, pocketknives, high value items, or gum.

Camp parents/guardians will be asked to confirm that all of the belongings their campers have packed are appropriate items to keep in the cabins. This will happen at check-in when campers hook up with their cabin groups. Should any inappropriate items surface after parents leave, counselors will confiscate them for return to parents during checkout. It is our intention to take every step possible to ensure the safety of our campers and the well-being of their "stuff." Parental support of this effort is greatly appreciated.

BRING A T-SHIRT TO TIE DYE

This year, all campers will have the opportunity to tie dye a t-shirt using one of a handful of special designs that our Arts & Crafts Resource Counselor is planning for. To this end, campers are asked to bring a white or light-colored 100% cotton t-shirt. To insure that the dye sets effectively, it is best to send this item freshly washed without the use of any fabric softener.



CABIN ASSIGNMENTS

Each year, a number of campers request cabin assignments with friends. Understand that cabins are assigned first and foremost based on gender and grade. Cabins are also assigned with the intent of encouraging campers to meet and make new friends. Realize that you are never guaranteed your request; and usually requests by multiple people cannot **all** be accommodated.

WHEN YOU GET TO CAMP...

Campers who have never been to 4-H Camp before may be wondering just what will happen when they arrive. Here are some things campers can expect...



Once your bus arrives at camp, you will unload your belongings and participate in a short opening session led by the Extension staff, counselors, and Upham Woods Staff. You'll review the camp rules, find out what your days and nights will look like, and learn more about this year's "Out at the Farm" theme. Then, you'll move into your cabin.

In your cabin, you'll get better acquainted with your cabin mates, decorate, and get set for swim tests. Later in the day, you'll enjoy dinner, participate in some friendly competition with your cabin mates, eat a snack, and attend opening campfire! Eventually, you'll head back to your cabins to sleep! Camp days will be very busy and very fun!

CAMP ACTIVITIES



This year's camp daily activities will include 1) Arts & Crafts, 2) Recreation, 3) Water Carnival & Swimming, 4) Canoeing, 5) Archery, 6) Drama, 7) Music & Dance, and 8) Nature Science.

Our special camp programs will consist of annual favorites including *Land Games*, a *Counselor Hunt*, a circle dance, cook-out, opening and closing campfires, our closing slide show, and the week-end hug circle. Additionally, we'll also be hosting a *Workshop Night* during which campers of all ages can sign up for one of a large variety of workshops that most interests them.

New this year, cabins will be taking personalized night walks to get to a cabin-based campfire on the second night of camp week. This will give your cabin and one or two others of your age group the opportunity to enjoy a more intimate campfire experience and snack than in previous years.

CAMPER MAIL

Friends and family are encouraged to send their campers mail! Use the following address:



Camper's name
Walworth County 4-H Camp
Upham Woods Learning Center
N194 County Road N
Wisconsin Dells, WI 53965

Please do NOT send food snacks in camper mail.

This is in compliance with camp policy. Snacks in the cabin attract unwanted creatures. Send your mail NOW to ensure that it arrives in time for campers to receive it between June 21 and June 24. Just mark the seal side of the envelope:
Deliver to Walworth County 4-H Camp.

CONTACTING CAMP

In case of an emergency during camp week, you can reach Walworth County 4-H Camp by calling: Upham Woods' Office—608-254-6461 or Debbie Burkman's cell phone—815-761-2145. You can also learn more about Upham Woods by visiting their website at:
<http://4h.uwex.edu/uphamwoods/>.



4-H CAMP SPIRIT AWARD

Just two cabins will win the 2017 "4-H Camp Spirit Award!" Recipients will be awarded at closing ceremony with camper of both cabins receiving a prize. Cabins will earn points for creativity, cabin unity, positive presence, cabin clean-up, participation in games, and more! Judging begins the moment campers and counselors step off the bus and concludes at closing campfire. The camp chaperones and Junior Director will be serving as judges.



CAMP CHECKOUT PROCEDURES

Camper check-out is on Saturday, June 24 at approximately 1:15 p.m. in the north Jackson School Parking lot, Elkhorn. This parking area is adjacent to the fairgrounds entrance that leads directly to the Park Stage area and barns. Because a flea market is happening at the fairgrounds on the weekend of our return, we are unable to check out at the fairgrounds as in previous years. Please be flexible and patient as we strive to make this new location work.

Buses will be leaving from Upham Woods at approximately 11:00 a.m. and will be traveling home with one bathroom stop. Campers will receive a sack lunch to enjoy on the bus.

To insure camper safety and prevent chaos during check-out, parents are asked to be prepared for the following...

1. Please do NOT arrive at the Jackson School parking lot before 12:45 p.m. on June 24.
2. When you arrive, please visit the check-out table to sign out your camper/s. **BE PREPARED TO SHOW PHOTO ID.** You will be given a claim card that indicates that you've completed check-out. The check-out table will be adjacent to the side entrance of the school facing the lot.
3. Please wait for campers to completely exit the buses and form orderly cabin groups in the front lawn of the school when they arrive. Your child's cabin

counselors will be instructed to keep the cabin unit together. You will need to present your claim card to the cabin counselors in charge of your camper/s.

4. After you've "claimed" your campers, please proceed to the luggage piles which will be forming along the side and back end of each bus and trailer to help your camper collect ALL of their belongings. Your camper should know which bus or trailer their stuff is being removed from.
5. Safely make your way to the parking area to leave.

If you turned medications in for your camper to take to camp on June 21, you will NEED to visit the camp nurse's station in the check-out area BEFORE YOU LEAVE. Please bear in mind that the camp nurse is traveling with the campers, so she will NOT be present if you arrive before the buses do.

We know that parents/guardians are always anxious to have their campers back, but for the safety of the overall group, **we are asking that you do NOT just take your camper and go.** Signing them out is a critical first step in helping us prevent risky situations that none of us even want to imagine.

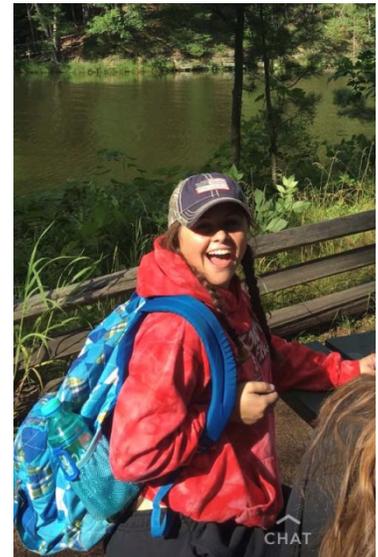


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Hey, 4-H Campers!

My name is Katelyn Gonzalez, and I am going to be your Junior Director for 4-H Camp 2017. The theme for this year's camp is "Out at the Farm," and I sure hope you all are as excited as I am! I wanted to let you know a little bit about me before camp begins. I am currently a Sophomore at the University of Wisconsin- La Crosse, and I am studying Math with an emphasis in education. (So, I'm going to be a math teacher.) I have been a part of Sugar Creek 4-H for 11 years, and this will be my 9th year returning to camp! In my 4-H career I have shown *pigs, home environment, youth leadership, food preservation, art*, and a few *international* projects. The counselor team and I are preparing a lot for camp, and doing all we can to ensure that we will all have a great time on the farm! I want you all to show up to camp with an open mind, a willingness to learn, and be ready to have fun! This year will be a blast! See you all there!



Katelyn Gonzalez

2017 CABIN COUNSELORS

Girls' Cabin #1 (G1)

Cabin Name: The Horses

Counselors: Jena Jacobs, Amanda Harder, & Maddie Eggert (CIT)

Girls' Cabin #2 (G2)

Cabin Name: The Goats

Counselors: Amelia Hayden, Lillie Cauffman, & Jasmine Ford

Girls' Cabin #3 (G3)

Cabin Name: The Rabbits

Counselors: Nicole Plenty & Courtney Boss

Girls' Cabin #4 (G4)

Cabin Name: The Sheep

Counselors: Carly Murbach & Abby Partington

Girls' Cabin #5 (G5)

Cabin Name: The Lambs

Counselors: Evelyn Harkness & Josie Wells

Boys' Cabin #1 (B1)

Cabin Name: The Dairy Cows

Counselors: Leo Ehlen, Dakota Horlacher, & Cole Flitcroft

Boys' Cabin #2 (B2)

Cabin Name: The Bulls

Counselors: Nathan Welsh & Jalin DeLeon

Boys' Cabin #3 (B3)

Cabin Name: The Oxen

Counselors: Jared Wells & Brandan Constable

2017 RESOURCE COUNSELORS

Arts & Crafts—Claire Schilz

Recreation—Devon Frederick

Drama—Theresa VanSchyndel

Music & Dance—Amanda Papenfus

Water Carnival/Swimming—Cailin Jacobs

Nature Science—Connor Hessman

2017 CHAPERONES

Caroline Cornelison, Mindy Wade, Janice Schilz, Dee Dee Giovingo, Doug Frederick, Edward Hayden, Colin Horlacher, Allan Edwards, Tim Boss, & Colleen Henningfeld (Camp Nurse)

