



WASHINGTON COUNTY 4-H FOOD PRESERVATION PROJECT SHEET



Year: _____ to _____

Name _____ Grade _____ Number of Years in Project _____

Explain why you are taking this Project and what you hope to learn/accomplish this year (my goal): _____

MY RECORD OF FOOD PRESERVED

List all food preserved this year. If you need more space, request additional sheets from the 4-H Office.

| FRUITS | | | | | | |
|------------------------|-------|-------------|----------------|-----------|----------------|-----------|
| Date | Fruit | Method Used | Amount Canned* | | Amount Frozen* | |
| | | | Alone | With Help | Alone | With Help |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Total for Fruit | | | | | | _____ |

| VEGETABLES | | | | | | |
|-----------------------------|-----------|-------------|----------------|-----------|----------------|-----------|
| Date | Vegetable | Method Used | Amount Canned* | | Amount Frozen* | |
| | | | Alone | With Help | Alone | With Help |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Total for Vegetables | | | | | | _____ |

| JAMS, JELLIES, PICKLES, RELISHES, ETC. | | | | | | |
|--|----------------|-------------|----------------|-----------|----------------|-----------|
| Date | Jams, Relishes | Method Used | Amount Canned* | | Amount Frozen* | |
| | | | Alone | With Help | Alone | With Help |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Total for Jams, Relishes | | | | | | _____ |

| FOOD DEHYDRATION | | | | |
|------------------------------|------------|-------------|--------------|-----------|
| Date | Food Dried | Method Used | Amount Dried | |
| | | | Alone | With Help |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Total for Dehydration | | | | _____ |

PROJECT MEETINGS

Did you have a Club Project Leader? Yes No

Number of Club Project meetings held: _____ Number I attended _____

Did you have a County Project Leader? Yes No

Number of County Project meeting held: _____ Number I attended _____

Was the project self-guided? (Member worked independently without a project leader) Yes No

Are you a Youth Leader in this project? Yes No

PROJECT TALKS AND DEMONSTRATIONS YOU HAVE GIVEN

Date

Title

Where

| | | |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |

**OTHER ACTIVITIES AND EVENTS DONE IN THIS PROJECT
(Tours, Workshops, Etc.)**

Date

Type of Event

Where

| | | |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

EXHIBITS

***Must have exhibited at county fair to be eligible for County Award**

Item

Where

Placing

| | | |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

4-H Food Preservation Experiences: You must include the following:

- ✓ Did you meet your goal? WHY OR WHY NOT?
- ✓ What you've learned this year, including new skills
- ✓ Problems or challenges that you had and how you solved them
- ✓ Leadership and/or teaching responsibilities you have had in this Project.
If additional space is needed, please add another sheet

*Add pictures and/or news articles specifically related to this project following this form to illustrate what you did in the project this year.