

## Leadership Quadrants

**Description:** Find out what leadership styles there are in your club and how well youth can work together!

**Purpose:** To find out which way your leadership skills are best used and with whom you work well.

**Time:** smaller groups (10 participants) will take 10-15 minutes. Larger groups (20 participants) will take 20-25 minutes) (Adults are welcome to join if you have a small group)

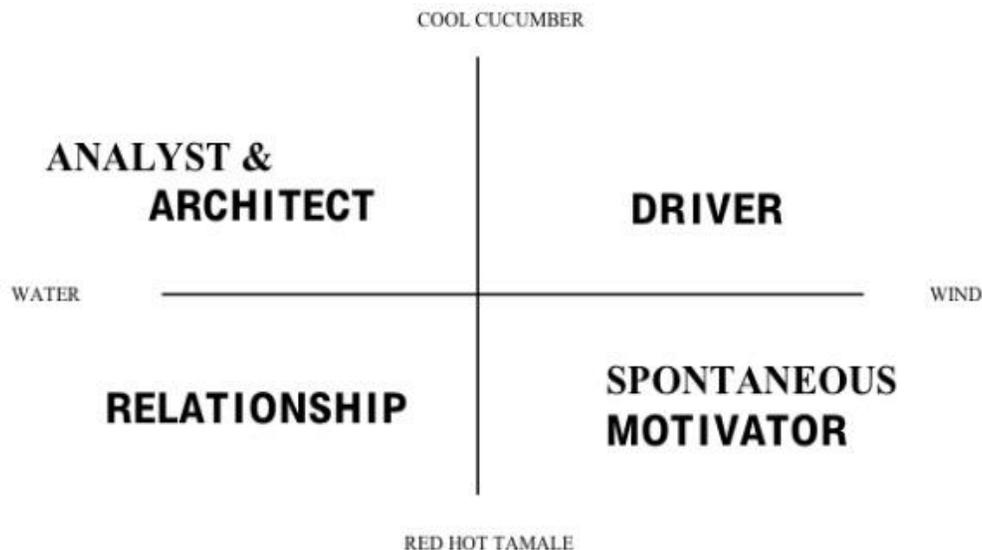
**Age/Grade:** 6th Grade+

**Suggestions:** Try this in a different room than where your meeting is taking place. If you have younger youth have them work together with older youth.

**Materials:** Tape or rope for marking floor. Paper / sharpie to clear up directions. Four hula hoops.

### What to do:

- Before activity begins, mark floor with a tape or rope square somewhere from 7-10 feet long and wide depending on your group size, and divide it into four equal squares.
- Now, standing in front of the square, label the front as '**Red Hot Tamale**' and the back as '**Cool Cucumber**'. Still standing at '**Red Hot Tamale**' label the far left side as '**Water**' and the right side as '**Wind**'. There are now four sections with labels on each of the crossing areas. It should look like this: *Image from boostconfidence.org*



- During activity, have all participants stand in the large square randomly. Read the following paragraph for Water:  
**“I don’t voice strong opinions, and I put other’s wants ahead of mine. It’s hard for me to state my needs, and you probably don’t know what I’m thinking.”**
- Read the following paragraph for Wind:  
**“I state my opinions and take stands easily. People know what I think, feel, and want. I don’t have a problem saying ‘my way or the highway’ if need be.”**
- Tell the participants to line themselves up along the Water and Wind line with how well they agree with the statements.
- Next, ask them if they think their personality is ‘cool and calm cucumber’ or ‘red and passionate tamale’ and have them move forwards or backwards into one of the four squares.
- Now that they are in their own square, tell them what Quadrant they are in.  
**‘Water’ and ‘Cool Cucumber’ square is Analyst and Architect,**  
**‘Wind’ and ‘Cool Cucumber’ is Driver.**  
**‘Water’ and ‘Hot Tamale’ is Relationship.**  
**‘Wind’ and ‘Hot Tamale’ is Spontaneous Motivator.**
- Tell them about their group. Analyst and Architect looks for facts and things that will make projects easier. Driver helps move groups along and keeps people focused. Relationships are good at keeping the group together and making sure everyone is doing well. Spontaneous Motivators are good at motivating others and helping push others to success.
- Have them perform a group activity in their square, such as Floating Ring.
- Scramble the groups up and have them play Floating Ring again. Note how long each game takes.
- Ask some reflection questions and clean up.

### **Floating Ring:**

- Have everyone in the area stand in a circle
- Have everyone put their hands out and point a finger towards the center with their hand.
- Place a hula hoop on top of everyone’s outpointed fingers.
- The goal of the game is to get the hula hoop lowered all the way to the ground by having the members work together to lower their arms at the same time.

### **Reflection Questions:**

Which round of Floating Ring went better?

Do you feel like your area of leadership fits you well?

How will you use this knowledge as a youth leader?

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Resources from [www.boostconfidence.org](http://www.boostconfidence.org) and Anna Demers, Washburn County 4-H Youth Development Agent