



# 4-H Fun Day!



Registrations due  
January 18, 2017

- WHO:** 4-H members of all ages, 4-H parents, or 4-H leaders  
**WHERE:** Webster Stanley Middle School (915 Hazel Street, Oshkosh)  
**WHEN:** Saturday, February 4, 2017 – 8:30 a.m. – 12:00 p.m.  
**COST:** \$5.00 per person, includes session 1 & 2 workshop, fees, and snack  
(The remaining **4-H Fun Day** cost is supported by the 4-H Leaders' Association)

Winnebago County **4-H Fun Day** is an excellent example of youth and adults working together in the 4-H spirit. The mission of **4-H Fun Day** is to promote all of the opportunities 4-H has to offer, provide experiences to try new 4-H projects, and offer the chance for adult and teen leaders to share their knowledge.

**7:30 a.m. – Doors open for presenters**  
**8:30 - 9:00 a.m. - Youth Registration**  
**9:00 - 9:15 a.m. - Welcome**

**9:15 - 10:25 a.m. - Session 1**  
**10:25 - 10:40 a.m. - Break & Snack**  
**10:40 - 11:50 a.m. - Session 2**

*Indicate your top 3 choices for each session on the Registration Form. You will only be attending 1 class per session. You'll be informed of your sessions during registration at **4-H Fun Day!***

## Session 1 (9:15 – 10:25 a.m.)

- 1A. **Easy Origami** – Learn how to make 4 different origami creations using the same basic folding foundation.  
Instructor: Ashlynn Numrich **LIMIT 12**
- 1B. **Card Making** – How to make cards with scrapbooking materials. Instructors: Samantha & Deb Rogstad **LIMIT 12**
- 1C. **Camping In February** – Learn camping activities you can do indoors, like no-bake s'mores, relay races, and campfire songs. Instructor: Nicole Rogstad
- 1D. **Beginning Photography** - All levels of experience are welcome in this introduction to Photography. This session will cover everything from how to use your camera to learning composition skills that can turn anyone into a photographer! Bring your camera (which is whatever you use the most to take pictures, even if it is a cell phone).  
Instructor: Anne Rosenau
- 1E. **Glacier Sweet!** - Thousands of years ago, gigantic glaciers once covered large sections of Wisconsin. But, how did the ice and snow move? What did it leave behind? Dr. Beth Johnson helps students create tasty glaciers of their own to study how they shaped Wisconsin's landscape. Instructor: Beth Johnson
- 1F. **Introduction to Rugby** – Youth will learn all about the sport of Rugby, the past, the future, and where, in the Fox Valley they can join a local Flag Rugby Club. We will also go over the basics of Rugby along with drills to get a hands-on feel for the sport and the many different lessons that it teaches, from teamwork, communication, and respect.  
Instructor: Matt Crapeau
- 1G. **Slime Science** – Youth get to learn about slimes that they can make at home and why each of them work.  
Instructor: Meghan Numrich
- 1H. **LEGO Robotics-WeDo** – We will build, explore, and program introductory robotics using LEGO WeDo kits.  
Instructor: Sarah Thompson **LIMIT 15**
- 1I. **Duct Tape Fun (Grade 5 and Up)** – We will use duct tape to recycle a bag into something useful.  
Instructor: Debbi Calaway
- 1J. **Introduction to Leather Crafting** – Learn the basics of how to stamp leather. You will make a leather bracelet.  
Instructor: Lori Walker

- 1K. **Bandana Cinch Bag** – Learn the basics of using a sewing machine as you construct a Cinch Bag from two bandanas. Sewing machines and supplies will be provided. Instructor: Chris Kniep **LIMIT 10 YOUTH** Parents are welcome and encouraged to join their children!
- 1L. **Origami (Folded Stars – Grade 3 and Up)** – Youth will learn how to fold 2-3 types of stars out of paper. If there is time, we will assemble them into a mobile. Instructor – Betty Mason **LIMIT 12**
- 1M. **Build a Bird House** – Youth will construct a wooden bird house. Supplies will be provided. Instructor: Jeff Alaire **LIMIT 6**
- 1N. **Fun with Woodworking - Noisemaker** – Youth will construct a wooden noisemaker. Supplies will be provided. Instructor: Jon Potratz **LIMIT 10**
- 1O. **Nothing is Neater Than Theater** – Youth will be introduced to the rules of improv and get a chance to practice. Will learn how to improv, learn about the art of skit writing, write/perform some skits, and learn about theater opportunities in 4-H. Instructor: Alex Koon
- 1P. **Stop The Insanity** – Youth will learn ways to deal with and cope with stress. We will be using different techniques from around the world. Instructor: Stephany Beck **LIMIT 20**
- 1Q. **Bug Out Bags 101** – Whether it’s a coming hurricane, civil unrest, or the zombie apocalypse, there are times when it’s prudent to gather your family and leave the area. As this happens with very little prior warning; it’s smart to keep a bag filled with the absolute essentials, known as the “Bug Out Bag or BOB. A BOB carries enough essential items to get someone through 3 days of an emergency in a bare survival situation. In this session we will learn how to “bug in” (know how to best use resources in your own house) and then “bug out” by figuring out how to pack a Bug Out Bag, what to include, basic survival skills games, etc. Instructor: Sarah Hopkins
- 1R. **Pigeons 101** – An overall description of pigeons, handling, raising, feeding, and showing. The instructor will have demonstrations with live pigeons. Instructor: Diane Owens-Lemke
- 1S. **Introduction to Rally Obedience** – Learn the basics of Rally Obedience (a dog sport based on obedience) with a dog team to demonstrate. All participants will attempt to complete one or more human Rally courses. Please do not bring your dog. Instructor: Alissa Eichman
- 1T. **“Screen Print” T-Shirt** – Using freezer paper, you will cut your own design template to iron on to a t-shirt. Using supplied fabric paints, you will embellish with your own design. This session can teach you how to take your own sewing projects to the next level, or upcycle some old t-shirts for a new use! YOU WILL NEED TO BRING AN OLD WASHED T-SHIRT. Instructor: Jennifer Hostettler
- 1U. **Dairy Nutrition** – Do you know what a cow eats? Get a chance to learn about the many different things she needs to eat in order to be a healthy, happy cow! You will get to see and touch different samples of food that a dairy cow eats. Instructor: Linda Derber
- 1V. **Soft Pretzels in a Bag** – Youth will be putting together pretzels and a mix in a bag and baking in an oven to create a new treat. We will be using flour which is NOT gluten free. There will be other activities to do and taste. Instructors: 4-H Food Committee – Jane Cowling **LIMIT 15**



## **BREAK & SNACK (10:25 – 10:40 a.m.)**



If special accommodations are necessary for your attendance at this event, please contact Carol Hollmaier at the UW-Extension Office to make arrangements – 920-232-1974.



## **Session 2 (10:40 – 11:50 a.m.)**

- 2A. **Easy Origami** – Learn how to make 4 different origami creations using the same basic folding foundation. Instructor: Ashlynn Numrich **LIMIT 12**
- 2B. **Card Making** – How to make cards with scrapbooking materials. Instructors: Samantha & Deb Rogstad **LIMIT 12**
- 2C. **Photography** – Learn the basics of photography. Instructor: Nicole Rogstad
- 2D. **Poster Making**- A well-made poster can change the results of any undertaking. In this session, you will learn how to create a poster that will have an impact. A great skill not only for 4-H, but also for school projects, fundraisers, etc. Instructor: Anne Rosenau
- 2E. **Glacier Sweet!** - Thousands of years ago, gigantic glaciers once covered large sections of Wisconsin. But, how did the ice and snow move? What did it leave behind? Dr. Beth Johnson helps students create tasty glaciers of their own to study how they shaped Wisconsin's landscape. Instructor: Beth Johnson
- 2F. **Introduction to Rugby** – Youth will learn all about the sport of Rugby, the past, the future, and where, in the Fox Valley they can join a local Flag Rugby Club. We will also go over the basics of Rugby along with drills to get a hands-on feel for the sport and the many different lessons that it teaches, from teamwork, communication, and respect. Instructor: Matt Crapeau
- 2G. **Slime Science** – Kids get to learn about slimes that they can make at home, and why each of them work. Instructor: Meghan Numrich
- 2H. **LEGO Robotics** – We will explore the NXT Mindstorm kits and more! Instructor: Sarah Thompson **LIMIT 10**
- 2I. **Twisted Pillow (Grades K-4)** – Come and make a tie pillow with a twist. YOU WILL NEED TO BRING A 16" PILLOW FORM. Instructor: Debbi Calaway
- 2J. **Intermediate Leather Crafting** – Learn how to use Craft Aids and patterns to design more complex leather art. Youth will be using more tools and techniques – not just stamps. Instructor: Lori Walker **LIMIT 6**
- 2K. **Table Runner/Purse** – The “20 Minute Table Runner” is fast and easy...but takes more than 20 minutes! Each participant will complete a table runner that can be made into a purse with the addition of handles. Sewing machines and supplies will be provided. Samples of both the table runner and purse will be on display. Instructor: Chris Kniep **LIMIT 10 YOUTH** Parents are welcome and encouraged to join their children!
- 2L. **Origami (Globe – Grade 3 and Up)** – Using scrapbook paper, we will cut and fold circles to form a globe. Using red and pink, this will be a Valentine themed craft. Betty Mason **LIMIT 12**
- 2M. **Build a Small Keepsake Box** – Youth will build a small wooden keepsake box with a hinged lid. Supplies will be provided. Instructor: Jeff Alarie **LIMIT 6**
- 2N. **Bird Feeder** – Youth will construct a bird feeder. Supplies will be provided. Instructor: Jon Potratz **LIMIT 10**
- 2O. **4-H Camp** – Summer Camp is one of our most exciting events of the year. Sign up to get a taste of what you would experience at summer camp, including games, crafts, campfire songs, and more! Instructors: 4-H Camp Counselors
- 2P. **Mardi Gras Mask Making** – Youth will learn about the history of Mardi Gras and make their own masks of varying décor, from feathers and jewels to cool steampunk style. Instructor: Bryanna Hopkins **LIMIT 10**
- 2Q. **Intro to Electronic Connections (Grade 4 & Up)** - Basic connections using wire nuts, soldering, crimp connections, and more. Instructor: Russ Oberstadt **LIMIT 10**
- 2R. **About Goats** – Will be an introduction to goats. Youth will learn about handling, raising, feeding, and showing of goats. Instructor: Rebecca Mills
- 2S. **Introduction to Clicker Training** – Learn the basics of how to clicker train your dog, and then break into groups to practice what you learned in a fun game. Please do not bring your dog. Instructor: Alissa Eichman
- 2T. **iPod or Phone Case – Hand Sewing Skills** – Choose from a variety of designs – (unicorn, kitten, bear, etc.) using felt to create a pocket to hold your cell phone and earbuds. This will teach you a variety of hand sewing stitches that can be utilized in garment finishes. Instructor: Jennifer Hostettler
- 2U. **Dairy Products** – Do you know how far milk travels from the cow to your refrigerator? Come learn about the path milk takes and the many different products that come from milk. You will even get a chance to make some of your own! Instructor: Linda Derber
- 2V. **Horsing Around** – Youth will be making stick horses out of popsicle sticks. They will learn how to complete real-life horse show patterns you use in the show ring with their stick horses. Instructor: Emily Friederick



