

April—June 2017

Program Highlights

Check your FREE Credit Report by June 6!

UW-Extension promotes checking your credit report 3 times a year - on 2/2, 6/6 and 10/10. Everybody is entitled by law to three **FREE** credit reports each year by the three credit bureaus (Equifax, Experian and TransUnion)



Sticking to the dates of 2/2, 6/6 and 10/10 maximizes the chances people will consistently monitor their credit over time. Contact the Family Living Office for more resources on how to Check your FREE Credit Report.

Come to Becoming Money \$mart and learn the following tips: *how to handle your day to day spending; set a money goal for yourself; plan for unexpected expenses and make room for buying what's most important to you.*

Check out the **Becoming Money \$mart class** schedule for 2017. **Class dates are listed in the upcoming events.** Class dates and registration information is posted on the Wood County UW-Extension website at: <http://wood.uwex.edu> and the Face Book page: www.facebook.com/WoodCountyFamilyLiving.

Small Savings Build Big Dreams

The internet is full of websites, fact sheets, cost calculators, and similar tools that provide highly technical – and sometimes conflicting – information for parents interested in saving for their children's future education. *Small Savings Build Big Dreams* is an initiative to reach out to parents and grandparents of 5-10 year olds to help increase access to financial education and easy-to-use information about saving for their child's higher education.

Students with designated savings for higher education, even in small amounts, are more likely to

- Develop plans to get to college
- Are more engaged in school
- Have higher reading and math scores
- Graduate from high school more often

Contact the Family Living office for more information on Small Savings Build Big Dreams.

TIPS

FINANCIAL, FAMILY LEADERSHIP AND HEALTHY LIVING

FAMILY MEAL TIME

[Click here to check out the Bring Back the Family Meals presentation](#) from the March Lunch & Learn.

FARMERS' MARKETS

Visit the Wood County UW-Extension website and Family Living Facebook page for dates and times of upcoming Farmers' Markets in Wood County.

Be sure to stop by and check out the Family Living booth for food safety and home food preservation information, along with recipes and some tasty food demonstrations.

RENT SMART

This educational series is focused on the knowledge and skills essential for a successful renting experience.

It is a 3 part class, and attendees are asked to plan to attend all 3 classes.

Dates are listed in the **Calendar of Events** on the back page. Visit wood.uwex.edu for more information and to register.

Calendar of Events

APRIL

12: Lunch & Learn: Invest in YOUR Health
12:00–12:45 pm
Wood County Courthouse,
Room 114
Wisconsin Rapids

17: Becoming Money\$mart
5:30–6:30 pm
Everett Roehl Library
Marshfield

24: Rent Smart
10:00–11:30 am
Wood County Courthouse
Wisconsin Rapids

5:30-7:00 pm
McMillan Memorial Library
Wisconsin Rapids

MAY

1 and 8:
Rent Smart
10:00–11:30 am
Wood County Courthouse
Wisconsin Rapids

5:30-7:00 pm
McMillan Memorial Library
Wisconsin Rapids

10: Lunch & Learn:
Environmental Health
12:00–12:45 pm
Wood County Courthouse,
Room 114
Wisconsin Rapids

15: Becoming Money\$mart
1:00–2:00 pm
Job Center
Wisconsin Rapids

JUNE

19: Becoming Money\$mart
1:00–2:00 pm
Job Center
Marshfield

Program Highlights (continued)

Just in Time Parenting Newsletter

Get up-to-date information specific to your child's age (through age 5) delivered by email just when you need it.



Learn about:

- How your child is developing
- How to care for your child and keep your child healthy
- How to help your child learn and be happy!

The newsletter is written by a team of university researchers and educators (who are also parents) and based on the latest, reliable research.

TO SIGN UP:

- Text the keyword “healthy” to 55678
- Email your child’s date of birth, your email address, & zip code to parentingnews@co.wood.wi.us

Upcoming Events

- **Lunch & Learns**
Wednesday, April 12: Invest in YOUR Health
Presenter: Sarah Siegel, Family Living Educator Wood County UW-Extension
Wood County Courthouse, Room 114: 12:00–12:45 pm

Wednesday, May 10: Environmental Health
Presenters: Greg Kolodziej and Kate Carlson, Wood County Health Department
Wood County Courthouse, Room 114: 12:00–12:45 pm

Thursday, June 15: Summer Safety
Presenter: Sarah Siegel, Family Living Educator Wood County UW-Extension
Wood County Courthouse, Room 114: 12:00–12:45 pm
- **Becoming Money \$mart**
Monday, April 17; 5:30–6:30 pm
Everett Roehl Library, Marshfield

Monday, May 15; 1:00–2:00 pm
Wisconsin Rapids Job Center

Monday, June 19: 1:00–2:00 pm
Marshfield Job Center



Sarah Siegel, Family Living Educator

Jodi Friday, FoodWise Educator

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[Wood County UW-Extension Family Living Program](#)